

January - June 2026

SYNERGY



Maulana Azad Medical College Old Students Association's Newsletter

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Dr. Munisha Agarwal
M.D. (Anaesthesia)
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Message

Maulana Azad Medical College Old Students Association (MAMCOS) is celebrating Teachers Day to remember and honour their teachers.

MAMC has an illustrious history of over seven decades. The teachers are among the most important pillars on which the college stands. Through their training, teaching, interactions, guidance they have mentored thousands of students who passed through the college portals.

With changing times the role of teacher has become challenging but the basics remain the same. The theme of this issue of MAMCOS Newsletter is "MAMC: Our Teachers, Guides & Mentors" is a very appropriate and timely gesture by MAMCOS to archive rich memories of the Maulanians about their teachers.

MAMCOS Teachers Day celebrations is an expression of gratitude for their teachers and mentors who by their wisdom and guidance helped them become what they are today.

I wish the MAMCOS all the very best for their future endeavours.



(Dr. Munisha Agarwal)

President's Message

Dear Friends

January to March 2026 remained a busy period for the MAMCOS Executive body as the immediate goal was to prepare for MIDCON 2026. MIDCON is held on a Sunday on the month of March/April depending on the availability of the MAMC auditorium, Undergraduate exams and a Guest speaker for an oration. It was held on April 12th, 2026 this year and the flow of activities was similar to those of previous years. Nearly 250 members after completion of their Internship were ceremonially inducted as members of MAMCOS. The Dean MAMC Dr. Munisha Agarwal gave away awards to the Undergraduate and Post graduate students in different categories based on their excellent performance in academics, sports and research etc. The awards given during MIDCON have been Instituted in the memory of some of our beloved members by their families. Two talks were given, the Oration by Prof. D.S. Gambhir(1967 batch) and a talk on 'Financial Management' especially focusing on savings early in life to benefit the interns. This was followed by Dr. I.S. Bal Music Competition. This year's judges for the music competition were Dr. Upendra Sadhoo, Dr. Pankaj Sadaphal and Dr. Manish Munjal who themselves have been serious students of music for many decades. The evening ended with more music, dance and good food, all organized by the host batch of 1998, Dr. Saurabh Taneja was the organizing Secretary.

Another extremely important activity was initiated by the executive body of MAMCOS and that was to constitute a committee to streamline the MAMCOS Constitution. It has members who helped to frame the original Constitution as well as some new members. These members are- Dr. Vijay Agarwal, Dr. Ashok Vaid, Dr. Sanjay Sachdev, Dr. Upendra Gami, Dr. R. K. Bakshi, Dr. Rajeev Anand, MAMCOS Secretary and the MAMCOS President. After multiple meetings the final

recommendations are ready and they have also been approved by the executive members. It will now be put up before the General Body for final approval.

There has been a slight change in the format of 'Teachers' Day Celebration' this year. The program will start in the late afternoon. It will include felicitation of Faculty serving in MAMC for last 25 years, a high tea, a Musical evening by the members of MAMCOS and followed by a dinner.

Our Editor Dr. Vandana Roy has selected the following theme for the forthcoming issue of newsletter SYNERGY, **"MAMC: our teachers, guides & mentors"**. I have spent close to five decades in MAMC, starting as a student and ending as a faculty. The life lessons learnt here were tough enough to forge a solid ladder for both survival and growth. A constant stream of opportunities, challenges and competition against best of the brains in the macro environment of MAMC can push you to the top of the profession, shape your personality and embolden you to such an extent that success is a natural outcome. My teachers, mentors and guides who I met at different stages of life were part of the same ecosystem called MAMC. For me MAMC is a living body, an experience and, an emotion and an integral part of my life.

In the end, I do invite all the members of MAMCOS to participate wholeheartedly in the forthcoming events, the TEACHERS' DAY on September 20th, 2026 and the GLOBAL MAMCOS DAY on December 20th, 2026.



Dr Richa Dewan
President



Secretary's message

Dear Seniors & Colleagues

We're back with another issue of SYNERGY releasing on Teachers' Day Function organized by MAMCOS. Since the last edition we've had very successful Global MAMCOS Day Celebrations on 20th December 2025 and MIDCON 2026. It was heartening to see different batches celebrate their Jubilee (Diamond 1965, Gold 1975, Ruby 1981 and Silver 1996). MAMC spirit was thick in the air. We had the privilege of honoring some of our illustrious alumni members who have served the armed forces and central services. Annual MAMCOS oration was delivered by Mr Rajat Sharma, Chairman INDIA TV. Similarly, Batch 1998 hosted the widely appreciated MIDCON, and a record number of interns were inducted into MAMCOS. Our various annual functions give everyone a chance to get together and relive their memories and create new ones. For our alumni body to remain vibrant we need participation of all our members. Ours is a well networked body and we wish to provide the fulcrum to put people across to each other.

This Teachers' Day we salute our revered Teachers for nurturing the right qualities in us, and every time we succeed or we're thanks it is an ode to them. I'm very happy to note that Teachers look forward to joining us for Teachers' Day celebrations just as much as we look forward to hosting them. The photo opportunity to see the spark in the faces of elderly Teachers when they meet each other is priceless.

I congratulate the editorial team of SYNERGY for putting together a theme based issue every time. We have many collector's item in our issues and memories that outlive people. On behalf of MAMCOS I invite all Maulanians to contribute to SYNERGY with their stories, creativity, accolades and to our alumni body with participation.

Stay Blessed

Dr Poonam Gulati
Secretary

Editorial

*"True teachers use themselves as bridges
Over which they invite their students to cross over
themselves
Then having facilitated their crossing
They joyfully collapse
Encouraging them to create bridges of their own*

Nikis Kazantzakis

Every year September 5th is celebrated as teacher's day in India. The date marks the birth anniversary of India's second President, Dr. Sarvepalli Radhakrishnan, a renowned scholar, philosopher and dedicated teacher. When people wanted to celebrate his birthday, he had suggested that observing September 5th as Teachers' Day would be a meaningful way to honour the entire teaching profession instead.

This makes us introspect....who is a teacher. Remember the teachers, mentors, guides in our life.

Looking back at life and years gone by, the greatest gurus I can think of are our parents. They gave us not only life but gave us life's principles, taught us the difference between right and wrong selflessly. Their lived life is the biggest teacher we have.

Nature with its seasons, spring with flowering of trees and autumn with shedding of leaves. The birds which only build a nest to lay eggs and then leave it once the young ones have flown away.

The tiger that eats only so much and leaves the rest for others to finish. The tadpole that metamorphoses into a frog and the pupa that changes into a beautiful butterfly.

Everyone single living being or inanimate thing that crosses our path is a teacher if you so want it be.

In the conventional sense the Upanishads state that a true teacher is a master in the field of knowledge, free from envy, knows yoga, lives a simple life and has realised the knowledge of the self. The word "Guru" is a Sanskrit word for a mentor, guide, expert or master., who helps in evolution of student or shishya who is a seeker

of knowledge. Swami Vivekanand said that a guru should be selfless, without desire for money or fame.

Our texts also guide us to choose the right guru. The *Kula-Arnava* text states that Gurus are as numerous as lamps in every house. But, O-Goddess, difficult to find is a guru who lights up everything like a sun.

In any institute imparting learning, the building is an empty physical structure. The soul or life is breathed into it by teachers, mentors and guides. Maulana Azad Medical college has a rich legacy of teaching and teachers of over six decades. The foundations, traditions, principles on which the institute is running was laid by our founding fathers and teachers.

At a time when a sea of changes are taking place in all spheres of life globally, including medical education, there are some things which are still the same. The bond between MAMC alumni and their teachers sustains. This issue of Synergy dedicated to its teachers, mentors and guides, is a testimony to the enduring relationship of MAMC students with their teachers. A few pages cannot do justice to decades of experiences and immense learning. We have tried to capture the essence of MAMC, its teachers, mentors and guides over the years.

It has been a most satisfying journey putting this issue of Synergy together. We hope you enjoy reading it as much as we have enjoyed bringing it to you.

My Pranam to my Alma Mater and Respected Teachers

With Best Wishes
Dr. Vandana Roy
Editor





Joint Editor's pen

"From Monologue to Mentorship: Transforming the Art of Medical Teaching"

Maulana Azad Medical College has a rich legacy built by the towering teachers who shaped our professional and personal lives. To speak of MAMC is to speak of its legendary teachers, guides, and mentors who served as the enduring compass for generations of medical students. As joint editor, I am privileged to be part of "Synergy" that captures the essence of our remarkable institution. We are excited to share this latest edition of our Medical College Newsletter with you! The theme of this issue is *MAMC: Our Teachers, Mentors & Guides*.

Traditionally, the immediate seniors have been our mentors at MAMC and have shaped the journey of every Maulanian. There has been an old tradition in MAMC that juniors are always treated by seniors and that legacy of teaching and caring has been maintained. You would remember the days of rounds with discussions beyond textbook knowledge. Our mentors taught us that true medical education transcends textbooks and monitors. Long before, they demonstrated how to bridge the gap between rigorous scientific knowledge and compassionate patient care. In fact, one of my teachers wisely suggested that you will understand logic in medicine when you turn 40.

In the lecture halls, bustling wards, and high-stakes operation theatres, our teachers fostered a culture of profound intellectual curiosity. They challenged us to look closer, think deeper and question assumptions, transforming raw curiosity into clinical intuition. Beyond teaching the mechanics of clinical diagnosis and pathophysiology, our mentors exemplified unwavering empathy, ethical fortitude, and leadership under pressure. They did not just teach us how to treat diseases; they taught us how to build a good human being and a doctor.

To the guides, teachers, and mentors who shaped our journeys from our earliest days as MBBS students to our roles as clinicians today, thank you for being the true architects of our intellectual and humanistic growth.

A huge shoutout to the incredible contributors, mentors, and our editorial team for pouring energy into making this issue shine.

Warm Regards,
Dr Nishkarsh Gupta
Joint Editor

MAMCOS Executive 2025 -2026

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Dr. Ashwini Dalmiya

Past Presidents

Year	Name		
1971-1972	Dr. P.S. Saharia	2003-2004	Dr. V.K. Monga
1972-1973	Dr. L.D. Sota	2005-2006	Dr. R.K. Bakshi
1987-1988	Dr. R.P.Gupta	2007-2008	Dr. Usha K.Baveja
1989-1990	Dr. Y.P.Munjal	2009-2010	Dr. G.S. Grewal
1991-1992	Dr . Ashok Vaid	2011-2012	Dr. N.P. Singh
1993-1994	Dr.Vijay Agarwal	2013-2014	Dr. Prem Aggarwal
1995-1996	Dr.Narottam Puri	2015-2016	Dr. G.S. Grewal
1997-1998	Dr.Vinay Agarwal	2017-2018	Dr. Sunil K. Satrawal
1999-2000	Dr.Upendra Gami	2019-2022	Dr. Sanjay Sood
2001-2002	Dr. Savita Puri	2023-2024	Dr. Ganesh Mani

Batch Representatives

Batch	Name		
1958	-	1988	Dr. Mona Arya
1959	Dr. Saroj Sagar	1989	Dr. Naveen Kumar Shourie
1960	-	1990	Dr. Bharat Gopal
1961	Dr.M.L. Sahdeva	1991	Dr. Ashwini Dalmiya
1962	-	1992	Dr. Ravi Meher
1963	Dr.Yashpal Rana	1993	Dr. Nikhil Dhingra
1964	-	1994	Dr. Himanshu Chauhan
1965	-	1995	Dr. Anubhav Vindal
1966	Dr. Vijay Sharma	1996	Dr. Nishkarsh Gupta
1967	Dr. Vinod Sehgal	1997	Dr. Harsh Wardhan
1968	Dr. Arti Sharma	1998	Dr. Saurabh Taneja
1969	Dr. Richa Dewan	1999	Dr. Mrinal Pahwa
1970	Dr. K.K. Jain	2000	Dr. Varun Prakash
1971	Dr. K.K. Kohli	2001	Dr. Anurag Mishra
1972	Dr. Arvind Kumar Bansal	2002	Dr. Deepak Kumar
1973	Dr. Rajiv Anand	2003	Dr. Abhishek Bansal
1974	Dr. Sanjay Sachdev	2004	Dr. Urvi Sharma
1975	Dr. B.K. Mehta	2005	Dr. Sumit Gupta
1976	Dr. Naresh Chawla	2006	Dr.Anshul Gupta
1977	Dr. Rajesh Makashir	2007	Dr. Ruchir Rustagi
1978	Dr. Mukesh Bhatia	2008	Dr.Sahil Batra
1979	Dr.L.M.Parasher	2009	Dr. Keshave Singh
1980	Dr. Sandeep Chopra	2010	Dr. Tushar Dhawan
1981	Dr. Harish Gupta	2011	Dr. Pratik Jha
1982	Dr. Kiresh Singh	2012	Dr. Abhinav Aggarwal
1983	Dr. Vandana Roy	2013	Dr. Vibha Singh
1984	Dr. Poonam Gulati	2014	Dr. Ayush Agarwal
1985	Dr. Ajay Kumar Gupta	2015	Dr. Sanat Kumar
1986	Dr. Sudeep Kishore Jain	2016	Dr. Abhinav Bansal
1987	Dr. Amit Agarwal	2017	Dr. Shreya Goel
		2018	Dr.Chirayu Agarwal

CALENDER OF EVENTS

MAMCOS Sports Day: December 14th 2025

When Time Took the Field: A December Day of Cricket, Memories and MAMCOS

The morning of 14 December 2025 dawned not in brilliance, but in quiet uncertainty. A murky Delhi sky hung low over the MAMC Sports Ground, the air heavy with winter dampness and cold. Moisture clung to grass, shoes sank slightly and the ground bore witness to something more than a cricket match. This was not merely MAMCOS versus MAMC. This was time versus time, youth versus memory, bodies that had once sprinted effortlessly now pacing themselves with wisdom earned over decades.

Many in the MAMCOS side, well into their late forties, had not played competitive cricket in years — some in decades. Yet here they were, pulling on whites once again, stretching aging limbs, smiling through stiff knees, laughing at muscles that protested but obeyed. The game called them back, and they answered.

The game itself delivered an unforgettable spectacle as MAMC defeated MAMCOS in a run-filled contest at the MAMC Sports Ground. Organised by the Maulana Azad Medical College Old Students' Association (MAMCOS) in collaboration with the MAMC 1996

Batch- the batch celebrating their Silver Jubilee, the event combined competitive cricket with celebration, nostalgia and fellowship.

Played in the loving memory of Prof. Prem Kakkar and graced by Dr. Upendra Gami as the Guest of Honour, the match drew an enthusiastic crowd of alumni, faculty members, students, and families. The festive atmosphere, complete with cheers, laughter, and camaraderie, set the stage for a match that truly lived up to the occasion.

A Game Begins, a Lifetime Unfolds: As the first ball was bowled, the sound carried differently in the damp air, softer, almost reverent. The wet outfield slowed the ball, but nothing could slow the intent. For MAMC, youth brought fearless power; for MAMCOS, experience brought resolve. Batting first, MAMC unleashed an extraordinary batting performance, posting a formidable 286 all out in 19.3 overs. On a batting-friendly surface with short boundaries, the MAMC batters adopted an aggressive approach from the outset, keeping the run rate consistently above 14 runs per over. The innings was headlined by a sensational knock from Prateek



Singh, who was later deservedly named Man of the Match. Prateek's explosive 88 off just 32 deliveries was a masterclass in power-hitting. Equally influential was Kamal, whose commanding 83 off 31 balls earned him the award for Best Batsman of the Match. Kamal's innings was marked by impeccable timing and brutal efficiency. Adding further impetus was Sourav Kumar (wk), whose scintillating 78 off 29 balls was another highlight of the innings. His clean striking and rapid scoring kept the pressure firmly on the MAMCOS bowlers, as MAMC raced to one of the highest totals seen on the ground.

Facing an onslaught of boundaries, the MAMCOS bowlers showed commendable resilience. At 12 overs with 187 runs on the board without any wickets, it appeared that the score will hit 400. But the MAMCOS team turned thing around in the second half of the first innings. The standout performer was Dr. Abhishek Maru, who produced a remarkable spell to claim 4 wickets, earning him the Best Bowler of the Match award. His ability to break key partnerships at crucial moments helped prevent the total from escalating even further. Support came from Vinay, who picked up two wickets, and Abhishek Mitra, who also claimed two scalps, while the fielders remained energetic despite the relentless pressure. All this meant that the MAMC team was all out in the 20th over. All through the mayhem, the MAMCOS fielding effort was commendable. Each dive left damp stains on jerseys that once bore hostel dust and exam sweat. The legs were slower now, lungs worked harder but hearts, if anything, beat louder.

MAMCOS Fight Back with Spirit and Firepower: When MAMCOS walked out to chase 286, no one spoke of victory. They spoke of finishing, of playing every ball, of honouring the game. The chase was anchored by Santosh Kumar Jena, who played a composed yet impactful knock of 44 off 37 balls, striking four

boundaries and three sixes. His calm presence and intelligent shot selection commendable. He later won the award for Best Fielder of the Match, recognising his all-round contribution and safe hands in the field. The middle and lower order brought the crowd to life with a series of explosive cameos. Dr. Paras Kathuria produced one of the most entertaining innings of the match, blasting 31 off just 12 balls at a strike rate of over 250, while Saurabh Taneja added 27 off 12 deliveries and Siddharth Sahai smashed 25 off 11 balls. For a few overs, age vanished. The crowd rose. Old friends cheered like students again. The chase ended at 215, short on numbers, but complete in spirit, drawing loud appreciation from spectators.

Defending a daunting total, MAMC's bowlers focused on regular breakthroughs rather than economy. Their disciplined approach paid off, with wickets falling at crucial junctures to halt any sustained partnerships. Behind the stumps, Harshit Yadav stood out with a sharp and athletic performance, earning him the Best Wicket-Keeper Award.

Awards and Recognitions: Man of the Match: Prateek Singh (MAMC), Best Batsman: Kamal (MAMC), Best Bowler: Dr. Abhishek Maru (MAMCOS), Best Fielder: Santosh Kumar Jena (MAMCOS), Best Wicket-Keeper: Harshit Yadav (MAMC) ***A Celebration Beyond Cricket:*** While MAMC emerged victorious by 71 runs, the true success of the day lay beyond the scoreboard. The match served as a joyful reunion for alumni and a celebration of the enduring bond shared by the MAMC fraternity. The post-match brunch, animated conversations, and shared memories added to the warmth of the occasion.

As the sun set over the MAMC Sports Ground, players and spectators alike departed with smiles, reaffirming that events like MAMCOS Sports Day are not merely about competition, but about connection, legacy, and shared pride.



Global MAMCOS Day, December 20th 2025

Just like every year, the most-awaited event of Maulana Azad Medical College- The Global MAMCOS Day, was celebrated on the 20th of December 2025. True to tradition, it was a vibrant celebration that brought together alumni, faculty and friends of the institution in an atmosphere of learning, nostalgia and camaraderie. Conceptualised and coordinated by the dynamic Dr Ishan Mohan, the event was thoughtfully designed to blend academic engagement with social connection, reflecting the multifaceted spirit of the MAMCOS community. Alumni from different batches gathered to reconnect, share experiences and celebrate the enduring bonds formed during their years at medical school.

The day began with a well-curated Continuing Medical Education (CME) program that set an intellectually stimulating tone for the event. Among the highlights was an insightful talk by Dr Siddharth Sahai on Targeted Therapies for Lung Cancer, which explored the rapidly evolving landscape of precision medicine in oncology. This was followed by an engaging session by Dr Hemi Soneja, that examined modern approaches to understanding and managing Obesity- one of the most pressing health challenges of our time.

Another thought-provoking segment of the CME was the panel discussion about career choices for medical graduates- Academia versus Private Practice. Moderated by Dr Gaurav Jain and Dr Nishkarsh Gupta, the panel featured Dr Parminder Singh, Dr Neeraj Mehta, Dr Archana Jain, Dr Alok Banga and Dr Vikas Singhal. The discussion offered candid insights into the rewards and challenges of different professional paths in medicine, sparking lively engagement among attendees who reflected on their own journeys and choices.

The academic discussions continued with another compelling panel titled *"Medicine and Beyond: Leadership, Innovation and Service to Nation – The Possibilities Are Endless!"* Moderated again by Dr Gaurav Jain and Dr Nishkarsh Gupta, the panel included Dr Ashwini Bhatia, Dr Aashish Chaudhary, Dr Amul Gupta and Dr Shamit Chopra. The conversation expanded the horizon of medical careers beyond clinical practice, highlighting leadership roles, entrepreneurial initiatives and contributions to national development, inspiring many in the audience.

Following the academic sessions, the atmosphere shifted to a more relaxed and celebratory mood with a



captivating talk by the well-known television journalist and anchor Rajat Sharma. His engaging style and reflections on communication, public life, and leadership resonated strongly with the audience. The evening continued with a lively cultural program coordinated by Dr Hemi Soneja and Dr Neha Rawat, showcasing the creative spirit of the alumni and adding colour and energy to the celebrations. Such was the popularity of the skit that the team was asked to perform it again the following day at the private event of the silver jubilee batch of 1996, where it proved to be a hit yet again!

The Diamond Jubilee (1965), Golden Jubilee (1975) & Ruby batch (1981) all had group photographs.

The day concluded with moments of togetherness and festivity that truly captured the essence of a reunion. Alumni gathered for the traditional batch photograph, preserving a cherished memory of the occasion. This was followed by the much-anticipated dance party **VOPE- The Vision of Paranoid Eyes**, where music and laughter filled the Dean's Carpet as friends relived the carefree energy of their student days. The celebrations wound down with drinks and dinner, where conversations continued late into the evening, leaving everyone with renewed friendships and a deep sense of pride in being part of the MAMCOS family.

Batch 1996



MAMCOS MIDCON 2026: Sunday, 12th April 2026

Three decades after they first walked through the corridors of Maulana Azad Medical College as wide-eyed MBBS students, the Batch of 1998 returned to host this year's MAMCOS MIDCON, a day that moved seamlessly between reflection, celebration, and pure old-friends nostalgia.



The first, unforgettable moment of reunion: The day began, as MIDCON always does, with that first, unforgettable moment of reunion, meeting batchmates after almost two decades. In the lobby, familiar faces from another lifetime suddenly appeared before us, older and changed, yet unmistakably the same. For a moment, the years seemed to disappear. A face, a voice, a smile, or even the familiar way someone laughed was enough to bridge the twenty-year gap and bring back memories we had not thought about in years. There were double takes, surprised smiles, warm embraces, and moments of disbelief. "Is that really you?" followed almost immediately by laughter, as though we had simply picked up a conversation that had been left unfinished all those years ago.

Morning Business: The MIDCON Host Batch'98 Me Time

The morning belonged to the Batch of 1998. Their own programme provided a more intimate beginning to the day's formal celebrations, giving the hosting batch an opportunity to come together, reconnect, and set the mood for what lay ahead. It was a time to pause amidst the excitement of the reunion, to share memories, laughter, and stories from a chapter of life that had begun nearly three decades earlier.

A Moment of Remembrance: Perhaps the most poignant part of the day came when the batch paused to pay homage to two batchmates who are no longer with us — Dr Sumit Chikara and Dr Rahul. In the middle of a day built around laughter and reunion, this quiet tribute grounded the occasion — a reminder that MIDCON is not only about the batchmates in the room, but about the entire batch, present and departed, whose years together at MAMC bind them permanently.

Voices from afar: Not every batchmate could make the journey home. For those settled In India & abroad, the reunion still found a way to include them — through recorded video messages played for the gathered batch. These messages, sent from across continents, carried the same warmth as if their senders had walked in through the door themselves, a small but meaningful way of closing the distance for a day. Dr. Mudit Gupta, Dr. Sandeep, Dr. Nupur, Dr. Nivedita, Dr. Philomon Raja, Dr. Shashideep, Dr. Nazia, Dr. Shikha, Dr. Preetideep, Dr. Priyanka, Dr. Pankaj and many others sent their messages from across the ocean and from various cities of India.

Song, Style, and Dance: If the day began with the joy of rediscovering old friends and the gentle tug of memories from another time, the morning soon gave way to something even more infectious — celebration. The Batch of 1998 took centre stage, and what followed



was a delightful reminder that three decades may have passed, but the spirit of those student years had never really left.

Batchmates who had once shared night duties, classroom banter, hostel memories, and the pressures of examinations now found themselves taking to the stage together once again, this time not as students, but as performers, entertainers, and friends reunited after three decades. There were live musical performances, with a few songs sung with a warmth and sincerity that rivalled any professional performance. A fashion show brought out an unexpected mix of style, confidence, humour, and, above all, a great deal of laughter. And then came the group dance, which transformed the atmosphere completely, drawing the entire hall into the celebration and putting everyone on their feet. What made these performances particularly memorable was not perfection, but the sheer joy behind them. The stage became a space where age seemed irrelevant and the years between college and the present moment simply melted away. For those watching, it was equally delightful to see familiar friends reveal talents and enthusiasm that perhaps had been hidden behind careers, responsibilities, and the routines of everyday life.

Few highlights from the cultural programme -Heartfelt poetry – Dr. Puneet, Dr. Devender & Dr. Vikram Popli.

Fashion show saw all the Doctors showcase their ramp-walk, namely - Dr. Reetika, Dr. Taran, Dr. Puneet, Dr.

Astha, Dr. Nidhi, Dr. Seema, Dr. Preeti, Dr. Neha Gupta, Dr. Neha Kumar, Dr. Payal, Dr. Shubra, Dr. Nupur and Dr. Bhavna. Also accompanying the gorgeous ladies were the handsome doctors, namely - Dr. Ankur Bahl, Dr. Saurabh Taneja, Dr. Ashish Taneja, Dr. Nikhil Gupta, Dr. Biswaroop & Dr. V. Popli.

Melodies sung by - Dr. Arpita, Dr. Bhavna, Dr. Bhupesh, Dr. Biswaroop, Dr. Reetika and group song by the whole batch.

Three Decades in Pictures

Running quietly through the day was a visual journey of its own — a photo showcase spanning nearly three decades of memories. Frame by frame, it traced the remarkable journey of the Batch of 1998, from their earliest days as MBBS students to the lives they had built in the years since. There were glimpses of hostel life, classroom moments, ward postings, friendships forged during long days and longer nights, graduation photographs, and countless memories from the years that followed. Faces that once looked impossibly young appeared again on the screen, now transformed by the passage of time, yet instantly recognisable. Each photograph seemed to carry its own story, prompting smiles, laughter, affectionate teasing, and, every now and then, a quiet pause of remembrance. The images brought back not just people and places, but the atmosphere of those years, the friendships, the struggles, the celebrations, and the countless ordinary



moments that had seemed insignificant at the time but had, with distance and time, become treasured memories. For a few moments, the years between then and now disappeared. The young medical students in those photographs and the accomplished professionals sitting together in the hall felt like two versions of the same people — connected by memories that time had never managed to erase. The showcase was more than a collection of photographs; it was a reminder of how far everyone had travelled, how much had changed, and how much, remarkably, had remained the same.

Felicitations, Oration, and Formal Proceeding: The afternoon carried forward MIDCON's customary structure: the felicitation of the current batch of interns, welcoming the newest members into the extended MAMC family; the MAMC-MIDCON Oration, delivered this year by Prof. D.S. Gambhir; and addresses by the Dean and the MAMCOS President, both reflecting on the institution's legacy and the role alumni continue to play in it. An award ceremony followed, recognizing contributions and achievements within the alumni community.

The I.S. Bal Inter-Class Music Competition

The evening also featured the I.S. Bal Inter-Class Music Competition. Bringing together MBBS batches from different years, the competition filled the venue with music, enthusiasm, and a healthy dose of friendly rivalry. Participants took to the stage across solo, duet,

and group song categories, representing their respective batches with pride and plenty of spirit.

What makes the I.S. Bal competition special is not simply the music, but the sense of continuity it represents. Year after year, it has provided generations of MAMC students with a platform to discover, showcase, and celebrate their musical talents. On this occasion, as alumni gathered to reconnect with their own college years, the presence of the current batches added another dimension to the celebrations — a reminder that while generations change, some traditions remain beautifully constant.

Closing the Evening: The Gala Dinner: The day came to a close with the Gala Dinner, where the formal proceedings gave way to relaxed conversations, laughter, and shared memories. Over food and drink, old stories were revisited and friendships picked up as though no time had passed. After a day filled with reunions and celebrations, it was these unhurried moments among old friends that brought MIDCON to its most fitting close.

A Day, and a Batch, Worth Remembering: MIDCON 2026 was, in the end, what these reunions are always meant to be — a day where a batch that once shared classrooms and corridors found their way back to each other, honoured those they'd lost, welcomed messages from those far away, and celebrated everything in between with the same energy they must have carried as students.



MAMCOS AWARDS WINNERS LIST-2026

1. **MEGHNA KRISHAN BAVEJA MEMORIAL AWARD :** **TANISHA GUPTA** for the best all around performance during the 1st Professional.
2. **Dr. A S PURI MEMORIAL AWARD:** **PIYUSH** for the best all around performance during the 2nd Professional.
3. **Dr. RAJIV BAJAJ MEMORIAL AWARD:** **SOUMYA SETHI** for the best all around performance during the Third Professional.
4. **Dr. DILIP KAK MEMORIAL AWARD:** **Dr. PALAPARTHI VIJAY KRISHNA PRASAD** for the Best Thesis in Medicine & Related field.
5. **MAMCOS SPORTS AWARD:** **ABHINAV DHEWA** For the best sports person in MAMC.
6. **Dr ANAND GROVER MEMORIAL AWARD:** **Dr. UTTAM DHAKA** for the topper in (M.D.) Ophthalmology in MAMC.
7. **Dr GOPAL SACHDEV MEMORIAL AWARD :** **Dr. ABHILASH** for the topper in (M.D.) Medicine in MAMC.

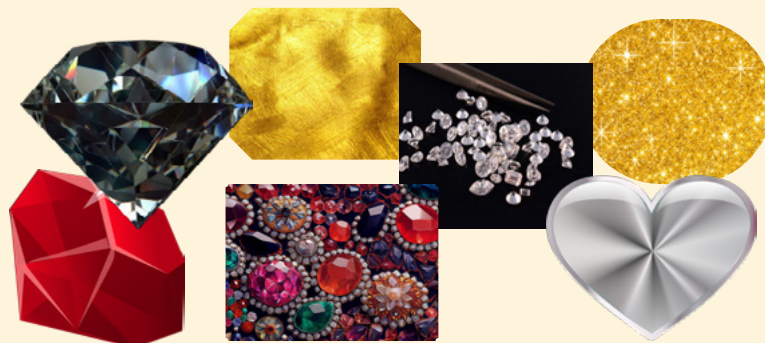


Dr. I.S. Bal Memorial Music Competition 2026 Winners list

Solo 1st	Samart Mukherjee	8th Semester
Solo 2nd	Sujoy Kumar Das	4th Semester
Duet 1st	Mahak & Aadya	Interns
Duet 2nd	Kulshaan & Swati	6th Semester
Group 1st	Sanjana, Manchint, Susmit	2nd Semester
Group 2nd	Sujoy Kumar Das, Shreya Roy, Pratham Kumar	4th Semester
	Samaksha Prabhakaran, Kulshaan , Swati	6th Semester
Trophy winner	Sujoy Kumar Das, Shreya Roy, Pratham Kumar	4th Semester

Dr. Saurabh Taneja
Batch 1998

Hamare Anmol Ratan



Diamond Jubilee batch 1965 Diamonds Are Forever..... Indeed !

We, the Batch of B-65 had entered MAMC in 1965 and indeed, sixty years later, we felt that it was not long ago, but just the other day !. 26 batchmates of B-65 had got together after lunch in the Auditorium on 20th Dec 2025 to celebrate our Diamond Jubilee. There was power point presentation which showed our pictures then and now !

We participated in the Diamond Jubilee Felicitation in the College Auditorium by MAMCOS President and later got together for the group photograph in front of the College Building. During the photo session, we took a trip down Memory lane looking at the College Gate through which we had entered MAMC six decades ago !



For the Diamond Jubilee Jamboree, we embarked on a 100 km Bus journey to Karnal at about 9:30 am on 21st Dec 2025. We had breakfast packets on the bus and were fortunate that our senior Maulanians



Dr O.P. Sood, Dr R.P Singhal, Dr Narottam Puri & Dr Yashpal Rana had also travelled with us and participated enthusiastically in the Jamboree ! After about 15 minutes of "How are you doing" etc, we were all back in "Cecum - Khurchi" atmosphere as we headed towards Karnal.



The Noor Mahal Palace staff at KARNAL, welcomed us warmly. We, the Super-seniors were royally garlanded and guided to our rooms. After a sumptuous Lunch and a lazy siesta thereafter, we managed to collect for

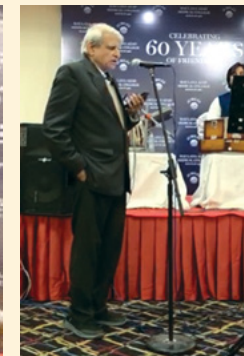
the Academic Session at 5 pm. We had Scientific presentations by 'Kohinoors' of MAMC namely:

Narottam, Subramony, Dinesh Chawla, Yudh Gupta & yours truly !



The 21st Dec. Musical Evening at the Royal Ballroom was called "**SHAAM - MASTANI !!**"

Guruji – **Sh. Umesh Sahu ji**, accompanied by Ustad Pankaj ji on Tabla and cute Vidhi (Guruji's younger sister) on the Keyboard was the Artist



The next day 22nd Dec 2025 was probably the foggiest day of the year and this delayed our Kurukshetra trip from being 'Pre-lunch' to 'Post Lunch'. We were a bit disheartened as we were stuck inside Noor Mahal Palace. But the forenoon unexpectedly became very educative and enjoyable, as Narottam Puri & Kulbhushan Hasti held us all in raptured attention in a **MUSHAIRA**. They recited poems, couplets and shers all from their own collection! Oh what literary skills, *muqarrar* !

The **Kurukshetra** Tourist Guide (aka Dev Anand 2.0!) persuaded us for a walk through Kurukshetra

of the Day. When Guruji took a break, Narottam, Hasti, Dinesh, Rakesh, Vinod, Manju & I barged in and gave our renditions without a quiver in our "young" voices !

where many battles had been fought ! This was so interesting that all of us almost unknowingly, were mentally catapulted into the prehistoric era of Mahabharat and Bhagwad Gita! It was an exhilarating experience to be at the very spot where God in the form of a Charioteer 'Krishna' had indeed imparted the "Code of Life" to his warrior - nephew 'Arjun'! There is a marble replica of the Chariot at the very spot where Gita was born ! The '75 Plus' group had no problems in walking the extra mile to re-live **Bhagwad Gita** in 3 Dimension!



The second Musical Evening on 22nd at Noor Mahal was called '**DISCO DIWANE**' and was also at the Royal Ball Room. Musician **Ganesh Mehra** and his Guitarist - son Sahil had travelled all the way from Faridabad to entertain us. The afternoon Kurukshetra walk couldn't dull our MAMC



Dancing of the sixties which went on & on beyond Cinderella time ! The last song was '**Ae Meri Zohra Jabeen**' which brought all to the Dancing floor as they all started denying their age, and proved that age indeed is a number !.



Though Noor Mahal had organised a Yoga Session at 7 am the next morning (23rd December' 2025), we politely declined the offer as most of us woke up rather late ! After a leisurely Punjabi breakfast, we

boarded our bus for our journey back to our MAMC Gate ! The energy levels were understandably lower as compared to 21st Dec !



We were pleasantly surprised by a Bonus Brunch at Murthal which was so graciously sponsored by our travel agent Divya, the daughter in law of Maulanian Dr Kusum Chand of B-58 !

While Chitra Dhawan proceeded to her home in Amritsar, Subramony and Usha left straight to Indira Gandhi Airport Terminal 3, the others reluctantly (perhaps !) boarded the bus back to Delhi and onwards to MAMC gate.

Many Hugs and "Jappies" later, we unhappily left each others' company and headed to our respective homes secretly praying if we would indeed have an opportunity to meet again ?

Dr Ganesh K Mani
Batch 1965



The Golden Jubilee batch 1975 ... a year long celebration.

The year started with a four night trip in January end to the Estuary Island resort in Kerala. We were 65 batchmates (total 85 persons). It took months of meticulous planning with minutest of details and a very well coordinated execution by the managing group under the leadership and guidance of Dr B.K. Mehta and Dr Deepak Pande to pull out such a big event with such perfection ! Daytime excursions included visit to Sri Padmanabhsamy temple, Aazimala Shiva temple and birdwatching boat ride in the mangroves. The presentations of traditional folk dance and martial arts (Kalaripattu) demos added local charm. The food was sumptuous and equally delicious. Cocktails, DJ with the sea as backdrop and the company of our beloved friends made memories for a lifetime.

Another two Night outing to Sariska resort Rajasthan just prior to MAMCOS day had 45 batchmates and 30 spouses. It was total fun with cultural events by local artists, cocktails, dance, DJ and gup shup in a meticulously ornamented lawns of a gorgeous resort with Shivaliks as the backdrop.

The MAMCOS day too was celebrated in style. 95 batchmates in black suit, golden tie and a golden pugree made an absolute style statement. Some of our MAMC teachers were invited and

honoured. They included Dr. B.K. Tandon, Dr. S.K Nair, Dr. Sota, Dr. Khalilullah, Dr K.D. Tripathi, Dr Lahiri. Customized momento was presented to the batchmates. This was followed by a skit, a group dance and few solo items. Our batch project MAMDEW(Maulanians for Martyrs Dependents and Economically Weak) received special appreciation by all. Total of 95 batchmates and 30 spouses, including a foreigner mate from Ethiopia, participated in the evening. Thanks to team of Dr. Mehta, Dr. Pande, Dr. R. Singh, Dr. Kishore, Dr. Rai, Dr.Amreshwar , Dr. R.S. Gulati and all participants for all the hard work.

Our Golden Jubilee turned out to be a whole year of celebration where a large number of us relived our days spent together 50 years ago.



Dr. Deepak Pande
Batch 1975



Ruby batch 1981

Magic Happened” – A qualitative analysis of the Ruby batch (MAMC’81) reunion at Agra

Given the short notice and four months gap after the trip, when I was asked to contribute to the magazine, I decided to apply a qualitative analysis approach to the messages shared by batchmates following the trip. I pored over hundreds of messages and framed themes and subthemes and quotes straight from the horses’ mouth – as they say! More than seventy batchmates made the trip with spouses and some with children as well. A humungous task for organizers but it was wonderfully done and all taken care off. The key themes that emerged were

Theme 1: Time travel:

Time stood still – We all just took off from where we had left with no need for any warming up. It was as if these forty years never existed.

“Honestly, I felt as I had gone back to 1981-86”. It was great seeing some batchmates after nearly four decades.”

“It was simply wonderful reconnecting with so many after decades, as if no time had passed”

“One after the other I met, hugged batchmates, the years melted way virtually in seconds”.

Young at heart – It also meant that we considered ourselves to have not aged at all.

“in the past 40 years we had many changes in our lives, one thing inside us did not change = egoless innocent child which was universal”

Theme 2: Eternal love and bonding

The bond between the batchmates continues to be strong and the love for each other was very evident. Such bonds can only be formed during under-graduate period.

“Ruby union was unforgettable, unmatched, unlimited fun, open mixing without any limitation, love was flowing in the air “ (this was by a person who claimed to be not a writer!)

“Words failed us as souls met, the language of soul is silence but it is a vibrant silence filled with love satchit anand”

“Doston, khush rho, Khushi se raho, aisa hi pyar bantate raho, aur pyar lete raho, phir milenge....”

“Meeting after a long gap, warm welcome made us realize that time makes the bonding stronger instead of fading”

Theme 3: Memories – some old; some fresh

In a batch reunion can memories ever be left out! They form the core of the experience. However, what we had not bargained for was that this reunion itself will leave us with great remembrances. We also took time to remember those batchmates who were no longer with us.

Nostalgia-

“Meeting old friends and remembering our golden days was priceless”

“It has been magical couple of days meeting everyone and it brings back so many warm memories”

“I have fallen in love with the word nostalgia”

Making New Memories

“17-20 December will be remembered as one of the most significant events in our lives in the last decade at par with marriage of children or birth of a grandchild.....”

“The most memorable three days of the sixty years of life. Truly blessed”



Theme 4: The fun element

There was everything for everybody. The ambience of the hotel itself was amazing. The medical trivia quiz and those who knew the answers and those who were completely foxed!

"Walking down memory lane, laughter, delicious food, umpteen snacks, fun games, drinking music and dancing, sharing time together in the bus, trip to Taj..."

"Last two days we have lived a beautiful dream"

"The past two days were just Wow & Fab"

"The happiness, contentment, cheerfulness we are experiencing after this reunion cannot be expressed in words"

Theme 5: Knowing each other again

All batchmates introduced themselves, their spouses and children. It took some time to go through all the batchmates, but it made us realize that all are doing well in life. All were equal – gone were the comparisons on marks, ranks, disciplines, earnings, children's achievements.

"Ego was not allowed entry not because anyone was asked to, but it found no place to express itself."

"I realized that many of us were totally metamorphosed overtime – a different person I used to know in college days"

Theme 6: Two shout outs to the spouses

Spouses are an inherent part of the mix – but also outsiders. But kudos to all the spouses who were wonderful and fully intermingled during all the events.

"A (spouse) did not know anyone in the group... she was apprehensive, in coming. However, she felt very welcome, we all made efforts to speak to her, she made many new friends for which she is grateful"

"Spouse were a bit iffy to start with but soon found their acquaintances"

Theme 7: Organization par excellence.

This reunion would not have been so successful, if not for the small group of people who worked hard for many months. The results were evident to one and all.

"Words are not enough to describe our gratitude to everyone part of

The organization – attention to details, meticulous preparation..."

"Reunion was epitome of organization camaraderie and joy"

Theme 8: Till We meet Again

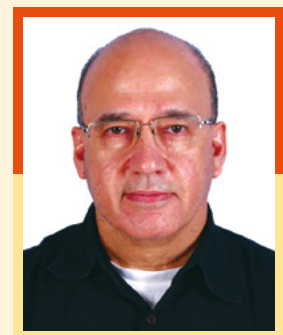
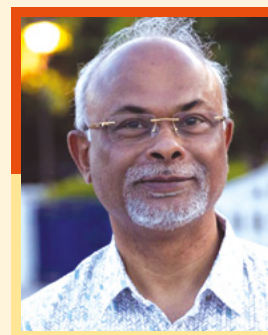
Already there are plans to make this an annual meet and plans for 2026 are being drawn.

"This is the most wonderful gift that we have presented each other and we long for such an experience to happen again and again"

"I am already feeling the "pangs of withdrawal" which can only be brought to heel only if we start looking forward to "golden jubilee"

"I agree with planting the seeds of next reunion"

Conclusion: Ultimately, we realized that the magic was in us! It was we who have made this reunion a wonderful time.



**Dr. K. Anand with contribution by
Dr. Rajiv Tandon
Batch 1981**



INTERNATIONAL FRIENDS

MAMCOS Australia- New Zealand

CAIRNS CALLING 2026: Reef, rainforest, reunion – and the unmistakable MAMCOS spirit

This October, the MAMCOS family will gather in Cairns, where two World Heritage landscapes – the Great Barrier Reef and the Wet Tropics rainforest – create a remarkable setting for friendship, fun and shared memories. The programme has been planned not as a rush from one engagement to another, but as a sequence of experiences that allow people to relax, talk, laugh and rediscover the warmth of old connections.

The reunion will open with a welcome dinner at Dundee's. It will be an easy beginning: familiar faces arriving, introductions being made, stories restarting exactly where they were left, and the first burst of laughter setting the mood for the days ahead. Conversation prompts will help everyone mingle, although MAMC alumni have rarely needed much encouragement once memories of college and hostel life begin to flow.

"The real programme is the time we spend together – on the water, on the rails and on the dance floor."

Friday brings the tropical Cairns experience to life with a Hawaiian-themed cruise to Fitzroy Island. Floral shirts, bright colours and leis will add their own cheer to the journey. On the island, guests can choose between reef adventures and shore-side fun: snorkelling, a glass-bottom boat experience, beach volleyball, Pithoo and other team games, with sand sculpting for the children. The purpose is simple – to enjoy the island together, whether one is happiest in the water, on the beach or cheering from the shade.

By evening, tropical colours will give way to the glamour of the Black & Gold party at Rah Rah Bar. Human Bingo will turn surprising personal facts into conversation starters, while karaoke will invite the confident, the courageous and the cheerfully tuneless to share the microphone. In true MAMCOS fashion, perfect notes will matter far less than wholehearted participation.

Saturday exchanges the sea for the rainforest. The Heritage Class railway journey from Cairns to Kuranda will make the travel itself part of the reunion. Story Building on the outward journey will test the group's imagination, while "Two Truths and a Lie" on the return promises fresh revelations about people we may have known for decades. Between the journeys, Kuranda Village offers time to wander, browse and enjoy lunch at an individual pace.

The grand finale will unfold in the Grand Ballroom at the Pullman International Cairns. Following the group photograph and welcomes, the evening will recognise the Silver Jubilee group and bring alumni to the stage through couples dances, a Bollywood Emoji Quiz, a comic "Dhurandhar" spoof and performances by Sydney guests. The formal setting may be elegant, but the spirit will remain wonderfully informal: cheering friends, good-natured competition and the pleasure of seeing everyone contribute.

A gala buffet featuring Indian favourites and contemporary dishes will accompany the celebration. Awards for the top dance performances will add a playful competitive edge before the DJ opens the floor to all. At that point there will be no performers and spectators – only one MAMCOS gathering dancing together.

On Sunday morning, the MAMCOS AGM at the Pullman will bring the official programme to a close. Yet the real ending will come later: in airport farewells, exchanged photographs and promises to meet again.

Cairns 2026 promises more than a beautiful destination. It offers a chance to renew the collegiality that has always defined MAMCOS – across batches, cities and generations – and to create another chapter in a story that continues to travel remarkably well.

Dr Hitesh Nischal
Batch 1996



MAMCOS-UK and 2026

As the 35th Annual reunion is fast approaching, anticipation is notably rising and the excitement is clearly palpable in the air. This reunion will take place on the 26th September at the Holiday Inn in a city which can, very rightly be called, a mini-India outside India, namely Leicester. One can hardly believe how quickly the time has flown. It only seems like yesterday, when I was busy organising the 34th reunion.

Our organisation and the annual reunion, unfortunately, nearly fell victim to Covid. No reunions were held for a few years. MAMCOS UK was still alive but appeared to be in a deep induced sleep. In 2023 however, thanks to the efforts of Dr. Pradeep Sanghi, MAMCOS UK was revived. A luncheon was arranged in London. Although attendance was modest, it was a crucial step towards its full recovery. The numbers increased further, at the next reunion in 2024, thanks to the dedication and great efforts of Mr. Nikhil Kaushik and Mr. Kamal Sahni. It was held in Wrexham as a whole one day affair, with AGM and entertainment during the day followed by a drinks reception and a gala dinner in the evening. At the same reunion, I was awarded the great honour of becoming President of MAMCOS UK for next one year. Ably assisted by my batchmate Kamal Sahni and under the expert mentorship of my seniors Pramod Devichand and Nikhil Kaushikji, I took on the task of further rejuvenating our precious organisation. The membership increased further, but what was really heartening, was to see so many younger colleagues joining MAMCOS UK. The youngest members were from 1995 joining year. This also swelled the number of attendees for the next reunion to nearly 100. The event was held in September 2025 at the Holiday Inn, Normanton. At this reunion, Dr. T B Venkatraman, affectionately known as Venky, was chosen to be the next president for 2025-26. Membership has continued to increase. What is even more exciting

is to see people from much younger batches like 2010 and later years joining MAMCOS UK. As a consequence, the number registered to attend this year's reunion has risen to over 130.

Apart from the reunion, executive committee, led by Venky has been active in other areas too. The constitution of the group, which had not been revised for a while, has now been revisited and modernised, and should be fit to address the legal, social and cultural needs of the present times. Another very exciting milestone has been the, development of a website for MAMCOS UK, bringing our organisation, firmly, into the 21st century. The credit for both these developments, goes mainly, to the duo of Darshan Seehra and Himanshu Tyagi, both from 1995 batch. Although working together, Darshan has been the main force behind the revision of the constitution while Himanshu has been the leading man for the development of the website. Website is now live but continues to evolve. It can be accessed, only by the registered members and contains members profiles, photo gallery and examples of the creativity of our members, like literature, art, photography etc. Further new developments like addition of audio and video files, are also in the pipeline.

2026, so far has been an exciting year. I, like other members, am really looking forward to the coming reunion. I am eager, not only to renew vintage relationships and refreshing old memories, but also looking forward to forging new friendships and creating new memories. I extend my best wishes and thanks, to our current president Venky and his wife Pushpa, who has also been working tirelessly behind the scenes.

Keshav Nigam,
Batch 1977

Immediate Past President MAMCOS UK



Keshav Nyani



Venky & Pushpa



Himanshu, Vivek, Darshan

MAMCOANNA

40th MAMCOAANA Annual Convention: A tradition that endures, a flame that illumines bright

The last weekend of July 2026 saw more than 150 members of the MAMCOAANA family gather in Minneapolis, Minnesota, on the original lands of the Dakota people, for the 40th Annual MAMCOAANA Convention.

Evoking the spirit of Gustav Mahler's well-known observation, *"Tradition is not the worship of ashes, but the preservation of fire"*, the organizing teams behind these annual conventions have, for four decades, kept the flame of this cherished tradition alive, bringing the MAMCOAANA family together year after year while adding each host city's unique stamp to the occasion.

I attended the first of these meetings back in 2015 in Houston and fell in love with MAMCOAANA. Of the things that matter truly in life, nothing beats the enduring relationships and connections that bind us. And the biggest reward of these annual meetings is the renewal of these bonds, rekindled over reminiscences of shared experiences, both during the college years and through our lives built in this adopted homeland.

Like in most past conventions, the meeting began on Thursday night with *"Gupshup Ki Shaam"*, a meet and greet event, featuring fusion food including the chef's runaway hit, Spanish Bhel. The laid-back setting was perfect for old friends to catch up after a long time, exchange notes and family updates. The evening came alive as many members belted a delightful potpourri of songs on karaoke tracks, led by our CME director and in-house Kishore Kumar-incarnate, Dr. Indranil Chakraborty (1990 entry batch). A particularly heartwarming moment was watching Dr. Rajeev Malik (1971 entry batch) warmly applaud and encourage Dr. Akash Sardool (2012 entry batch) after Akash shared his poignant poem, *"Chehra Dekha Tumhara"*.

A cherished feature of MAMCOAANA conventions has been the CME sessions conducted on Friday and Saturday mornings. This year, we were fortunate to have generous support from our key sponsors - Integra Lifesciences, Edwards Lifesciences and Boston Scientific, with

additional support from Medtronic and Gore Medical for the CME section of the convention. The CME program was thoughtfully put together by Dr. Indranil Chakraborty, and other members of the CME committee. The distinguished faculty, all illustrious MAMC alumni, offered a wide spectrum of perspectives across multiple healthcare disciplines - from primary care, mental health, and diagnostics to an array of medical and surgical specialties. Keynote address was delivered by Dr. N. P. Singh (1976 entry batch), Director Professor of Medicine, MAMC (Retd.), who shared his lifetime of insights on the evolving role of the academic physician in India. Six poster presentations from the MAMCOAANA family were also a part of the CME program this year, with contributions ranging from school-age kids to residents currently in training.

This year's convention saw the inaugural MAMCOAANA Pickleball Tournament, a new addition to these annual gatherings. Spearheaded by Dr. Kumar Sujeet (1989 entry batch), a robust group of players battled it out at the Minneapolis Pickleball Club for some wholesome Friday-afternoon fun, cheered on by an enthusiastic contingent of spectators. Dr. Kumar Sujeet and Dr. Ankur Puri (1992 entry batch) emerged as champions, while Dr. Anuj Bhargava (1990 entry batch) and Dr. Rajat Kapoor (2000 entry batch) finished as runners-up in Men's Doubles. The husband-and-wife duo of Dr. Prashant Kumar and Dr. Swati Kumar (both 1992 entry batch) snagged the Mixed Doubles title.

Friday evening's event, *"Down Memory Lane,"* unfolded as a retro-themed, nostalgic journey of reminiscences and reflections. The drinks menu even featured a recreation of the beloved *Nimbu Masala Cola* sold at the roadside stand near MAMC, although this time the event also offered an adult version—with rum in the mix. With a nod to Minnesota's agrarian roots, the event was held at the historic 1903 Minneapolis Grain Exchange Building, whose majestic 40-foot windows soared above the joyous unveiling of MAMCOAANA

Chronicles, a coffee-table souvenir book chronicling the organization's 40-year history. Meticulously conceived, compiled, and edited by Dr. Tarang Sharma (1990 entry batch), Dr. Alok Maheswari (1987 entry batch), and Dr. Randeep Suneja (1978 entry batch), the book was a labor of love many months in the making. The exquisite final product, produced by Maneesh Media, was proudly held aloft by the senior-most members in attendance (1971 entry batch), together with all the past presidents of MAMCOAANA present that evening.

Attendees were invited to jot down one life lesson or a fond memory from their years at MAMC. These were shared intermittently through a retro Trivia quiz hosted by Dr. Rajesh Behl and Dr. Pawan Suri (both 1987 entry batch). Presentations by members, each evoking the zeitgeist of the era in which they entered MAMC, ranged from musical offerings including karaoke by Dr. Bhushan Pandya (1973 entry batch), lilting guitar tunes by Dr. Sanjay Tomar (1985 entry batch) and soaring excerpts from *Les Misérables* by Manali Weller, daughter of Dr. Lakshmi Nandini Moorthy (1989 entry batch) to a hilarious skit by the 1990 entry batch recreating the early years at MAMC.

Saturday morning concluded with the rewarding CME session, followed by MAMCOAANA's annual General Body Meeting. The afternoon was an opportunity for the guests to explore the city, gather lunch with their respective batch mates, rest up, or go for a stroll. Saturday evening culminated in the high point of the convention, as attendees came together for an evening of glitz and glamour at the Gala dinner.

Another unique feature this year was an art exhibition by MAMCOAANA members, titled "Interoception: A MAMCOAANA Art Collective." Curated by Dr. Nalini Gupta (1987 entry batch), the exhibit featured paintings, sketches, and photographs by five physician-artists: Dr. Nalini Gupta, Dr. Sachin Goel (1987 entry batch), and Dr. Lakshmi Nandini Moorthy, Dr. Vijay Bhalaik, and Dr. Vandana Raman (all 1989 entry batch). The exhibit celebrated the value of art in enriching our lives and explored how creative pursuits can help us become better scientists and fuller individuals.

The stunning artworks were offered through a silent auction and found new homes with 11 lucky MAMCOAANA members, while also raising funds for the organization.

Entertainment for the evening featured two local Twin Cities artists: bouzouki virtuoso Greg Herriges, who was accompanied on the *tabla* by Gaurav Moghe. Their mellifluous interpretations of "Für Elise" and "Awara Hoon," along with additional original pieces, drew upon wide-ranging and rich musical traditions. It was a fitting reminder of the unique privilege we have of cherishing the best of so many worlds in our adopted homeland.

Among the attendees this year were 25 children, ranging in age from 4 to 21, highlighting the family-friendly spirit of these conventions. Many participated in a dance workshop during the meeting led by Rishika Raman (daughter of Dr. Sivakumar Raman, 1994 entry batch) and Sidak Kochar (daughter of Dr. Puneet Singh Kochar, 1997 entry batch) and presented their dances at the Gala to joyous applause. Every child was recognized at the Gala and presented with an age-appropriate book, reinforcing the everlasting joy of reading. The Gala also provided an opportunity to thank the multitude of people who made the convention possible and to introduce MAMCOAANA's President for 2026–27, Dr. Randeep Suneja.

A sumptuous dinner was followed by a dance sequence by the host Minnesota contingent, choreographed by Dr. Roopa Sharma (1997 entry batch), weaving together themes of immigration, identity, ambition, nostalgia and assimilation. Flowing drinks helped usher in a rocking evening of dancing, curated by DJ Cory, who mixed foot-tapping hits spanning five decades.

All good things do come to an end. Before long, Sunday morning arrived and the members bid each other adieu over a hearty Indian breakfast and chai, snapping last of the group selfies, exchanging numbers, and promising to return next year.

Beyond the official CME sessions, Executive Committee and General Body meetings, and far from the razzmatazz of the social events, there were countless quieter (and not-so quiet) moments

from the convention whose memories will remain etched in my mind: impromptu singing, *sher-o-shayari*, and conversations in the hotel lobby that stretched into the wee hours of the night; interactions with MAMCOAANA members ranging from the 1970s to the young guns from the 2010s/2020s; packing burlap bags of Minnesota-grown wild rice and assembling tote bags with an army of my Minnesota Maulanians and 1989 batch mates; proud parents watching their children sing,

dance, and mingle with other kids; the sheer joy of seeing familiar faces year after year; and the excitement of making new connections. These are among the many memories I will cherish until we meet again in Houston next July, continuing this time-honored annual tradition.

Ajay Rawal
President
Batch 1989



MAMC: Our Teachers, Mentors & Guides

Meet our Teachers

We reached out to our teachers who have superannuated or left the Institute, to meet them and know about their journey after leaving MAMC. We wanted to meet all our teachers. Here's a snippet of what we could gather from those we were able to meet.



Dr. Ranjit Kumar Sanyal
Speciality: Pharmacology

Was born in Ranchi and completed his schooling there. He joined Patna Medical College for MBBS and was awarded the Wheeler Gold Medal for topping the final exams. A MD degree from Patna University preceded a Ph.D from University of London.

In MAMC: He was the first Professor of Pharmacology at MAMC, joining in 1959 and spent 11 joyous years building the reputation of the Department. He left in 1972.

Time spent after leaving MAMC: He then held positions of Dean Goa Medical College, Director RMRI Patna, Director NICD, Director NIHFW and Deputy Director General Health Services GOI.

At MAMC, he was popular with students for his joyous, caring nature and whole hearted participation in cultural activities.

(As told by his daughter Dr. Ajanta Chakravarty)



Dr. Vinita Raina
Speciality: Pathology

In MAMC: Joined in 1960 and Superannuated as Professor and Head of Pathology in 1989

Time spent after leaving MAMC: Worked at Khalid University Hospital, Riyadh, Saudi Arabia for roughly 5 years. And also worked in Apollo hospital Delhi for a couple of years.

Message, thoughts for our future doctors, teachers:

I have very pleasant memories of my time spent in MAMC.



Dr. Bishnu Kumar
Speciality : Forensic Medicine

In MAMC: Joined as reader in 1962 and Superannuated in 1993 as Professor (Director

Time spent after leaving MAMC: After retirement joined Medical Council of India(MCI). And was there till 1996. Was reemployed by Delhi Government to work at L.B.Shastrri Hospital till June 1999.

Dr. Triloki Nath

Speciality: Biochemistry

In MAMC: Joined in 1964 and superannuated in 2003 as Professor

Time spent after leaving MAMC: Joined the Rajiv Gandhi Institute.



Dr Arun Goel
Speciality: Orthopedics

In MAMC: September 1967 to September 1977 As associate Professor. Was then transferred to LHMC & RML in 1977

Time spent after leaving MAMC: Founder Secretary of Delhi Orthopaedic Association. The first meeting was held in Orthopaedic department of Irwin hospital (now LNH) in July 1976. Is Past President of Paediatric Orthopaedic Society of India. At present President of Paediatric Ortho Foundation (POF). Honorary Surgeon to President of INDIA (Former). Was recipient of Common

Wealth & WHO & other international fellowships. At present working as Consultant Orthopaedic Surgeon at Moolchand KR & Shanti Mukund Hospital.



Prof. S. K. Nair
Speciality: Surgery

In MAMC: Joined in May 1968 and Superannuated as Professor and Head, Department of Surgery in June 1981

- **Time spent after leaving MAMC:** Joined Batra Hospital from 1986 to 1989, then Moolchand Hospital from 1989 to 2014.



Dr. Sumathi Prabhu
Speciality: Pharmacology, Medical Education

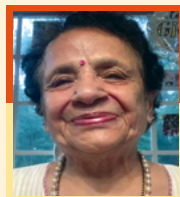
In MAMC: 1969-2001 with a stint of 5 years in-between at LHMC, New Delhi. Superannuated as Director Professor in 2001

Time spent after leaving MAMC: Professor of Clinical Research at ICRI, CREMA for 10 years, and DIPSRU at Pushp Vihar, New Delhi, for 5 years.

Message, thoughts for our future doctors, teachers:

I started my career at MAMC using only a black board and chalk in 1969. The preparation for the topic was so thorough and it was very enjoyable to engage with the students. We got to know some of them personally when they came to clear doubts, genuinely concerned that they had to learn. I feel that might be lacking today, given modern technology and the distractions that youngsters have. I would recommend the use of AI in today's life wisely and with discretion.

The best thing a teacher can do, in my opinion, is be available to students for discussion when they reach out. Be a role model to students by your day-to-day activities and behaviours, as they are constantly observing you.



Dr. Vijay Kapoor
Speciality: Anatomy

In MAMC: Joined MAMC as student in 1964. Later on joined MAMC as a demonstrator in Anatomy in 1971. Took voluntary retirement in 2003 as Director Professor & Head in 2003.

Time spent after leaving MAMC: Joined Konnaseema Institute of Medical Sciences in Amlapuram, Andhra Pradesh.

Message, thoughts for our future doctors, teachers

Love & respect all. Apart from professional courtesy & excellence, being a good human being is essence of life



Dr. Raminder Sehgal
Speciality: Anesthesiology

In MAMC: Joined in 1976 and Superannuated in 2005 as Director Professor

Time spent after leaving MAMC: Worked as Senior Consultant, Department of Anesthesiology, Pain and Perioperative Medicine, Sir Ganga Ram Hospital, Delhi for 9 years (till 2014)

As I look back on decades spent in operating rooms, ICUs and lecture halls, my overwhelming feeling is deep gratitude. Anesthesiology is a demanding, yet it remains one of the most important anchors of modern medicine.

Message, thoughts for our future doctors, teachers:

As a faculty member of MAMC for a long time, I would give my mantra for the young generation "Teach with patience, lead by example and create psychological safety where trainees feel encouraged to learn, question and grow"





Dr. S. K. Aggarwal

Speciality: Internal Medicine

IN MAMC: Joined in 1977 and took voluntary retirement in 2005 as Director Professor and Head

Time spent after leaving MAMC: After spending the best part of my life in MAMC, I joined and am continuing as Senior Consultant, Academic Advisor and DNB Coordinator in In-draprastha Apollo Hospitals, New Delhi. Apart from clinical work, I look after teaching, training and research.

Message, thoughts for our future doctors

I admire MAMC not only as a superb medical institution of the country but as a temple of learning. During my tenure, I learned a lot, gained invaluable experience and was groomed into a more adaptable and well-rounded individual.

In the ongoing age of technology, I believe students must have the zeal to continuously learn, evolve, and develop adaptable skills that extend beyond the confines of textbooks. Meaningful interactions with faculty and fellow students further enrich this learning experience, enabling students to grow academically, professionally and personally.



Late Dr. Bhagwanti Gobindram Kotwani

Speciality: Obstetrics & Gynaecology

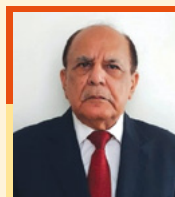
In MAMC: Was Professor & Head of Department of Obstetrics & Gynaecology. She took premature retirement in 1982.

Time Spent After Leaving MAMC: After leaving MAMC, Dr B. G. Kotwani joined Sir Ganga Ram Hospital as Head of the Department of Obstetrics & Gynaecology. She served the department with distinction and continued there until 2025.

Message, Thoughts for future doctors and teachers from her family

Dr B. G. Kotwani's long and distinguished career reflects a deep commitment to medicine, teaching and patient care. Her journey from MAMC to Sir Ganga Ram Hospital is an inspiration for

generations of doctors and teachers. Her dedication to Obstetrics & Gynaecology, her service to patients, and her contribution to medical education will always be remembered with great respect and affection.



Dr. Dinesh Kumar Mehta (Dr D K Mehta)

Speciality: Ophthalmology

In MAMC : 1972–1975 and 1981–2006 (nearly 40 years of association with the Institution)

Superannuated as Director, Guru Nanak Eye Centre, Maulana Azad Medical College in 2006

Time spent after leaving MAMC: After retirement I have worked as Senior consultant in Max Health care from 2006 to 2022 and currently I am working at Artemis Hospital, Gurugram, Mohan eye Institute Delhi and associated with Shroff Charitable Eye hospital Delhi for Academic pursuits. I am engaged in DNB examinations, authored books and in other academic activities.

I will be very happy to help and assist my students' friends and colleagues in any way.

Message, thoughts for our future doctors, teachers:

MAMC is a place where fortune has brought you apart from very hard work you have put in. Be proud of this Institute and take it to the greater heights. Relish it, enjoy it.

This institution provides a unique platform for holistic growth and learning that goes far beyond research and clinical work. I take immense pride in being associated with this esteemed institution and continue to cherish and miss the golden days I spent at MAMC.



Dr. Brij Krishna Dhaon

Speciality: Orthopaedic Surgery

In MAMC: Joined in 1979 and superannuated in 2004 as Director Professor Dean and Head of the Department of Orthopaedics

Time spent after leaving MAMC: Joined as a visiting consultant at Sitaram Institute of Sciences and Medical Research, New Delhi and St. Stephens's hospital, Delhi. In 2007 joined the Sharda Group and established the Sharda School of Medical Sciences and Research and Sharda Hospital as the Founder Dean, Greater Noida Currently Emeritus Professor Sharda School of Medical Sciences.

Message, thoughts for our future doctors, teachers

Continuous learning and showing empathy are essential for faculty members and young doctors. Good communication skills and patient listening are vitals. When patient tells a single word or detail can reveal a crucial diagnostic clue. Bed side teaching is extremely important for teachers, Residents, and students as all three group learn from the experience. AI must be included in medical curriculum



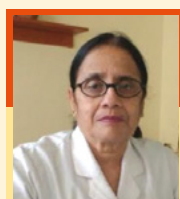
Dr. A.K. Agarwal
Speciality: ENT
Otorhinolaryngology

In MAMC: I joined MAMC on 11th September 1981 as a lecturer, through UPSC. Was promoted to Director Professor and became Head of Department, ENT in 1996. In between had the opportunity of availing Commonwealth fellowship in Oxford University 1984-85. All of sudden in 2003 I was told to take over as Medical Superintendent of Lok Nayak hospital which I accepted hesitantly. Somehow it was the beginning of my different administrative carrier. In 2004 I was offered Deanship of MAMC which I gladly accepted. Circumstances allowed me to continue as Dean upto 2013 (perhaps the longest serving Dean of MAMC so far). During this period I learnt a lot and contributed for the campus as per my vision and satisfaction. I came to know that my students found me as a "Approachable Dean" - a sufficient adjective for me.

Time spent after leaving MAMC: After retirement 2016, I got an opportunity of working with Apollo group hospitals as Medical Advisor for Innovation. This profile persuaded me to think-WHAT NEXT?. Age is no bar.

Message, thoughts for our future doctors, teachers

"My dear students, after spending many years in medical education and healthcare, I have learned that knowledge makes you a doctor, but compassion makes you a healer. Never stop learning, because medicine evolves every day. Remain curious, ethical and always put the patient's welfare above all else. The future of healthcare is in your hands and I have complete faith that you will make our profession proud." Overall you belong to "MAMC". You have to lead this profession in not only in your country but for the entire globe. I know you will do it.



Dr. Sarita Aggarwal
Speciality: Biochemistry

In MAMC: Joined in 1983 and Superannuated in 2015 as Director Professor

Time spent after leaving MAMC: Worked in Hamdard Institute for Medical sciences & Research



Dr. Rakesh Kumar
Speciality: Anesthesiology

In MAMC: Joined as a student in 1972. Later on joined as faculty and Superannuated in 2020 as Director Professor.

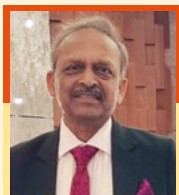
Time spent after leaving MAMC: Have worked in different institutes. SGT University for 6 months, Baba Saheb Ambedkar medical College & Hospital for 5 years. Conduct regularly Airway management and Life Support Courses

Message, thoughts for our future doctors, teachers

Love and enjoy your work and at the same time, keep following your passions as well.

Manage your patients the way you would like to be managed if you are on the other side





Dr. Ajay Kumar Jain

Speciality: Physiology

In MAMC: Was there from 1971 to 2018

Date (Years) in MAMC:

Total active years – 1971 - 2018

1971 – Joined as MBBS Student , 1979 – Joined for MD Physiology, 1981 to 1984 – Senior Resident, Physiology, 1984 to 2018 – Faculty, Department of Physiology. (Assistant Professor, Associate Professor, Professor, Director Professor, Director Professor and HOD. Super-annuated in 2018 as Professor of Excellence

Time spent after leaving MAMC: 2019 to 2024 - Professor and HOD Physiology, NDMC Medical College and Hindu Rao Hospital. In 2024 Started private practice as general physician

I remain actively engaged in academic writing, authoring Physiology textbooks tailored to diverse disciplines, including MBBS, MD, BDS, AYUSH (Ayurveda and Homeopathy), Nursing, and allied health sciences (PT, OT, MLT). Have written 110 medical books with 40 titles till date.

Message, thoughts for our future doctors, teachers:

With self-belief, dedication, and consistent hard work, anyone can achieve their goals. The journey inevitably brings setbacks, but firm determination helps you overcome every obstacle. Looking back, my own path proves this, despite scoring just 58% in Class 11 from CBSE Delhi, perseverance transformed what once seemed unlikely into

reality. Lot of blessings to the budding doctors, my Maulanians.



Dr. Siddharth Ramji

Speciality: Pediatrics

In MAMC: Joined as faculty on 1.9.86 , promoted to Director Professor & Dean MAMC. and superannuated on 30.11.2021. Was also Medical Director of Lok Nayak Hospital.

Time spent after leaving MAMC: National Chair at ICMR (Editor, Indian Journal of Medical Research; Mentoring and monitoring National Health priority implementation research in multiple states), Chair expert groups for research grants of ICMR, DBT and BIRAC; Advisor to WHO.

Message, thoughts for our future doctors, teachers

An institution's ethos and eco-system is made up by the teachers and students alike - the former who create the right environment and facilitation for learning and the latter who stimulate and enthuse the teaching faculty to remain passionate and find innovative methods to help the students learn productively. My message for the young budding doctors is that learning and skill acquisition is directly proportional to the efforts you make to learn, and towards that end use every opportunity and resource the institution has to offer. For my teaching colleagues, you have to constantly reinvent yourselves to remain relevant to current teaching methods, health needs and the aspirations of the current generation of students.



Our Gurus

गुरु गोविन्द दोनो खड़े
किसके लागूं पांये
बलिहारी गुरु आपणे
जिस गोविन्द दियो बताय

We were lucky to be in MAMC. We had dedicated teachers who raised us from 18 yr old school boys to respected physicians. They moulded our thinking, our analytical powers, our minds and our way of living and gave us their best years of their lives. Who doesn't remember the gentle intelligent presence of Dr. I. D. Bajaj welcoming us with his staff with superb teachers as Dr. B. K. Tandon and Dr. Pulhelkar who drew elaborate color diagrams on the blackboards and taught us the intricacies of human body. Dr. Swaran Bhardwaj showed how to be graceful and respectful in dissection hall matters.

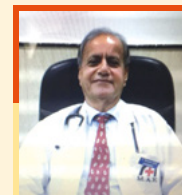
Some like Prof. B. P Sinha astonished us by drawing diagrams with both hands and then finishing lecture abruptly when the alarm clock rang. Can't forget Dr. U. C. Rai's, GIT tract and I told you utterings. After 2 yrs of solid growth we encountered stalwarts from all the clinical departments. Dr. S. K. Sanyal introduced the dramatic relief medications could bring to the sick by live demonstrations of histamine nebulizer effect on pigeons wheezing and the immediate relief with adrenaline aerosol. It taught us the value of relief to the sick by using the right medicine at the right time. Drs. D. N. Gupta, Gauri Bazaz and Bhanumati showed us what ails the humanity and what goes wrong with the body by looking at the tissue sections and understanding the disease process through a microscope. Dr. D. N. Gupta's voice like magic did mesmerise many to sleep. Then a handsome accomplished Prof. Hari Vaishnav showed us the proper way to address the sick by saying "Shrimaan jee" and listening to the patient first before judging him by his appearance and clothes while telling the students how to earn respect by appearing professional, clean dressed and attentive, all this while teaching us top class medicine along with his staff of educators, Drs. Chuttani, A. N. Mehrotra, R. C. Misra, P. S. Gupta, D. D. Kulpati, P. D. Gulati, Saroj Gupta. Drs. Padmavati and Janaki were a delight to learn from. On any given day you could see all pediatric cardiology cases described by Paul

Wood on the Cardiology floors. Drs. M. P. Gupta, P. N. Srivastav, R. C. Gupta were great teachers.

Surgical giants Drs. Nigam, Jain, Satyanand, Mahajan, Nair, Jain, Taneja, Goyal, Mrs. Kohli, Abbot, Shankaran, Bhayana showed us their skills in the operation theatres. Dr. R. Chakrabarty, Dr. Col. Pasricha of Orthopedics, Dr. Mrs. Pasricha (Obs & Gynea), Dr. Prem Sobti (Medicine), Dr. Sen (Surgery), Dr. Nanda (Medicine) as honoraries showed us their skills and grace and what's possible outside in private practice.

Some attendings had quirks and bossy, even nasty behaviour was expected and we quickly learnt what and who to avoid. We bow to stalwarts of Obstetrics & Gynaecology (made of Steel ladies). were an example of sacrifice and dedication to patients and students. They worked whole day in crowded smelly hot OPDs, Surgery, ward rounds and then delivery rooms at night and reappear at 8:00 AM, fresh and bright for lectures. I still don't know how they did it. Hats off to Drs. Das, Dhawan, Jalnawala, Mrs. Gulati. Students grew adept in avoiding eye contact in Dr. Das tutorial who would point out "you dunce" you can think you can hide from me! She meant well. The final years were too hectic and busy and so the time slid very fast. Memorable ophthalmology, ENT, PSM departments gave us their all, while on puny government salaries. Hats off to them. Their departments during house job were more appreciated and helpful. I remember Dr. P. S. Saharia and Dr. Gurbax Singh explaining 4000 surgical instruments (try remembering and identifying them).

The magical years fast forwarded us to young able physicians in the service of humanity as servants of God and public. We salute all our teachers. A photo of all those stars in our lives can be seen in photo gallery section. We pray for the departed souls and can never repay their debt.



Dr. S. C. Sharma
Batch 1963

The Lamp Lighters of MAMC

More than half a century has passed since I left the portals of my alma-mater-Maulana Azad Medical College, New Delhi ! Yes, I do feel proud of my professional career as Cardiothoracic Surgeon in the city but rather than claiming my success to my own talent or skill, I do attribute it whole heartedly to my Teachers at Maulana Azad Medical College who had converted a School boy of 1965 into a Doctor in 1970.



Fifth September is celebrated as **Teachers' Day in India** to mark the Birthday of our former President of India Dr S. Radhakrishnan, who was himself a Distinguished Teacher !

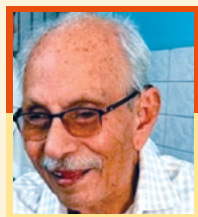


We, the old students of Maulana Azad Medical College (MAMCOS), **celebrate Teachers' Day on a convenient Sunday in September each year.** This year, we are celebrating it on 20th September 2026 as a mark of respect for our Senior Teachers. I have ventured to do a small write up in this regard. It is not possible to include all our teachers and their memories in a short article ! I have repeatedly rummaged my collection, but could find just a few photos of our teachers.

Pre-Clinical years (1965–66):

We fondly remember Dr. I D Bajaj, the ever so soft-spoken Head of the Department of Anatomy (who was also our hospital warden) and Dr. B. P. Sinha who headed the Department of Physiology (a stickler for time) who carried an alarm stop watch to the class and walked out when it rang even in the middle of a sentence. Unfortunately, I do not

have their photos ! However, I do have the photos of the kind-hearted Dr. Swarna Bharadwaj (Anatomy), and the motherly Dr Saroj Pandey (Physiology).



Dr. B.K. Tandon
(Anatomy)



Dr S Bharadwaj
(Anatomy)



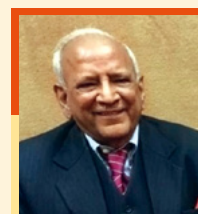
Dr Saroj Pandey
(Physiology)

In the beginning of third and fourth years, we were taught Pharmacology by Dr. R. K. Sanyal, who would also make us recite, "Thinak-Thin, Thinak-Thin, Malaria and Chloroquin !" Besides teaching Pharmacology, he encouraged cultural activities, constituted the MAMC choir and championed the construction of the MAMC auditorium which is cherished by all Maulanians till date. I do not have a snap of Dr. D. N. Gupta, who headed Pathology.



Dr R K Sanyal
(Pharmacology)

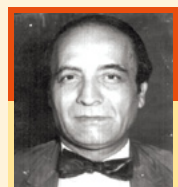
Dr. Bishnu Kumar taught us Forensic Medicine (which we had dreaded).



Dr Bishnu Kumar
(Forensic Medicine)

We would proudly wear our stethoscopes around our neck as we walked to Irwin Hospital (now LNH). Dr Hari Vaishnava, Chief of Medicine, had an impressive personality and used to dress immaculately ! He was a stickler for cleanliness in hospital. The Medicine department was manned by extremely good clinicians like Dr. H. K. Chuttani, Dr. P. D. Gulati, Dr. P. S. Gupta, Dr. R. C. Mishra.

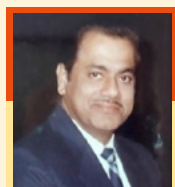
In addition, there was a very active Paediatric department which was headed by Dr Satya Gupta.



Dr. H. Vaishnava



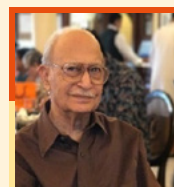
Dr. H. K. Chuttani



Dr. P. D. Gulati



Dr. P. S. Gupta



Dr. R. C. Mishra



Dr. Satya Gupta
(Pediatrics)

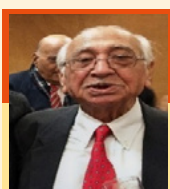
Department of Surgery: Prof. R. Nigam was an excellent clinician who had suddenly become blind while at work in the Hospital ! Dr. Satyanand headed the Surgery Department and used to demonstrate meticulous surgical techniques. Dr. S. K. Nair was a great clinical teacher and often encouraged us to scrub-up with him. Dr. G.D. Goel's surgical craft was a pleasure to watch as he replicated what we saw in surgical books ! Dr. Anand Prakash was also a great Teacher of Clinical Surgery.



Dr. R. Nigam
(Surgery)



Dr. Satyanand
(Surgery)



Dr. S. K. Nair
(Surgery)



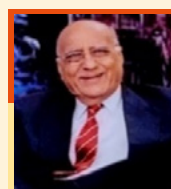
Dr. G. D. Goel
(Surgery)



Dr. Anand Prakash
(Surgery)



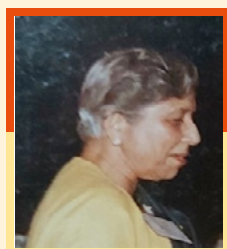
Dr S R K Malik
(Ophthalmology)



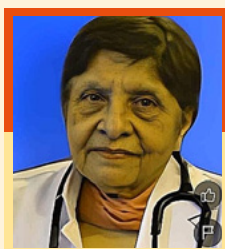
Dr. Prem Kakkar
(E.N.T)

Department of Obstetrics & Gynaecology was headed by Dr Anusuya Das who used to fondly 'terrorise' the boys of the class calling them "Dunce, Duffer, Donkey" etc, but at the same time, very lovingly, would teach us all to be less inhibited while talking to lady patients ! She was ably assisted by Dr. B. G. Kotwani and Dr. Sushma Dhawan.

Even during our under graduate days we had lectures by famous Cardiologists and Cardio Thoracic Surgeons.



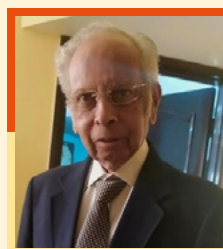
Dr. Anusuya Das
(Obs. Gyn.)



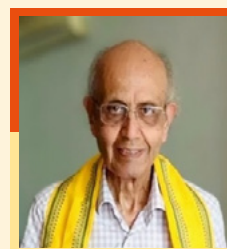
Dr. B. G. Kotwani
(Obs. Gyn.)



Dr. G. D. Gupta
(Cardiology)



Dr. Khalillulah
(Cardiology)



Dr. S. K. Khanna
(Cardiac Surgery)



Dr. S. Padmavati
(Cardiology &
Director Principal)



Some Teachers become popular Role Models by their work style and dedication to profession. One such person was our Director Principal and Chief of Cardiology Dr. S. Padmavati who was a skilful

We were additionally blessed to have Dr. S. R. K. Malik who headed the **Ophthalmology Department** and Dr. Prem Kakkar who headed the **ENT Department**. Dr. Prem Kakkar was an inspiring sports enthusiast and he keenly developed the Cricket ground on which we play Cricket between MAMCOS and MAMC teams in December each year. Rightfully, the winner gets the "**Prem Kakkar Trophy**".

clinician and recognised all over the World as the mother of Cardiology in India.

It was indeed my good luck that I was close to her and she had carved my subsequent career in Cardiothoracic Surgery and also co-mentored my training at G.B Pant Hospital, CMC Vellore and later at Prince Alfred Hospital, Australia. Her motto in life was "Never Look back" !

I haven't looked back since !

Maulana Azad Medical College Old Students (MAMCOS) actively gets together on Global MAMCOS day on 20th December every year. The batches fondly celebrate their Silver, Ruby, Golden & Diamond Jubilees as per their vintage of 25,40,50 and 60 years after joining MAMC.

During our B-65 Golden Jubilee Celebrations in Delhi, we had included a special felicitation dinner for our Teachers at India Habitat Centre on 19th Dec 2015 which was quite well attended. All of us

felt elated to interact freely with our once Internal Examiners ! To our pleasant surprise, they also treated us like colleagues and not as old students !



Dr. Satyanand, Dr. G. D. Gupta, Dr. R. C. Mishra, Dr. Anand Prakash, Dr. P. S. Gupta, Dr. L. D. Sota

As years have gone by, Dr. S. Bharadwaj, Dr. Saroj Pandey, Dr. H. Vaishnava, Dr. H. K. Chuttani, Dr. Satya Gupta, Dr. R. Nigam, Dr. Satyanand, Dr. G. D. Goel, Dr. Anand Prakash, Dr. S. R. K. Malik, Dr. Prem Kakkar, Dr. Anusuya Das, Dr. B. G. Kotwani, Dr. S. K. Khanna & Dr. S. Padmavati have since left us though the lamps they lit are burning bright! All of us do hope and Pray that we remember their teachings till the end of our own lives.

The training I received at the hands of Teachers in MAMC has indeed kept me in good stead and thanks to them, I continue as an active Cardiothoracic Surgeon in Max Healthcare even today.

It has been my proud privilege to share some memories of our Lamp Lighters !

I wish I had more pictures to share !



**गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः।
गुरुः साक्षात् परं ब्रह्म तस्मै श्री गुरवे नमः॥**



Dr. Ganesh Mani
Batch 1965

Mind the Gaps – “Know-Do Gap” and Fraternal Bonhomie

The opportunity to organize the “Abhinandan-Milan” event on 3rd September 2023 was a pioneering initiative to set a trend and create a tradition. Even more gratifying is the institutionalization of the event by MAMCOS in the subsequent years since.

A vivid account of the event was recorded in the following issue of SYNERGY. The editor, Professor Vandana Roy, has chosen to reiterate the thought process by choosing the theme “**MAMC: Our Teachers, Mentors and Guides**” for this edition of SYNERGY.

Her request to share my thoughts and views on the theme is the reason for what follows. Shall try to follow the framework of *Facts, Analysis and Views*, albeit not in watertight compartments or sequence!

The vision behind the initiative was to move beyond “academic, topical, podium-based discourses” aka conferences to bridge a felt gap of social cohesion on the one hand and express gratitude while attempting to perpetuate the Bharatiya tradition of ‘Guru-Shishya Parampara’ – a bond that binds both, not only with one another but also amongst themselves – thus ‘Abhinandan-Milan’.

Shri Arun Jaitley, in his budget speech while announcing a plethora of AIIMSs expressed – It takes 10-15 years to turn a “college” into an institution. However, you must begin first!

MAMC, even with its first UG batch in 1958 is therefore in its 70th year now! Long enough to have become a LEGACY that we have inherited, nurtured, contributed to and earned the label MAULANIAN.

Laying the Foundation – Setting the Ground-rules

Legacies are created by Values, beliefs, traditions and practices, built and sustained over time aka **culture**. Bharatvarsh, as the oldest surviving (and thriving), of necessity, would be rich in its wisdom that has evolved, grown and adapted to times while preserving the core values and concepts. Some of these are: -

1. Primacy of GURU – as the fountainhead of learning.

2. Sensory inputs of Listening and Observation (*not merely hearing and seeing*) – processed to Data - processed to Information – processed to Knowledge – processed to Wisdom. *Applied wisdom leads to goal attainment* through practiced reinforcement and reiteration.
3. Interdependence and collaboration – To create a **SYMPHONY**, *Synergy and Synchrony* are necessary.
4. Diversity of thoughts can be enriching and lead to evolution – *a polished diamond has multiple facets*.
5. Traditions and practices that are dynamic and reinforce the above e.g. patience, perseverance, nurturing, mentoring and facilitating are the tools used for rearing children.
6. Respect Nature – the greatest Guru. We worship its different manifestations – be it the Sun, Rivers, Vayu and so on.
7. Trust and Faith are fundamental to Relationships, Society, Nation and the World – “*Vasudhaiv Kutumbkum*”

You can enrich the above by adding more facets and nuances. The concepts / Philosophy of “*Parasparopagraho Jivānām*” or Interdependence of beings and “*Anekantvad*” or multiplicity of views and perspectives expounded above need to be adapted in practice.

The Current Scenario

Professional education, especially Medicine, has today evolved tremendously but also glaring gaps have manifested e.g.: -

1. Independence or solo as the hallmark.
2. Fierce competitiveness creates lack of trust.
3. A selection process that engenders win/lose rather than collaboration.
4. “*Water, water everywhere, not a drop to drink*” – builds silos to the extent of virtual isolation.
5. Social Media and Internet bring so much information and at an overwhelming speed drowning the human touch.

6. "Mechanical" relationships leave little space for sensory experiences of warmth and feelings.
7. A misnomer of COVID times viz. SOCIAL DISTANCING instead of Physical distancing but social cohesiveness / closeness had disastrous outcomes – *even the dead lost their dignity!!*

The visible outcomes are increasingly prevalent mental health issues, lack of sharing/consulting, mistrust, anxiety and lack of faith accelerated by gluing to the "Screen".

Making of a Professional necessarily demands "Apprenticeship" – Shishya/Chela because books and "teachers" can only provide technical information – **necessary, but neither sufficient nor enough!** e.g. Vomiting is commonly mis-spelled as VOMITTING despite information provided by books and "teachers", but only a Guru or Ustaad makes it unforgettable by quipping, "howsoever severe it may be vomiting cannot have a double 't'.

Medicine especially has created a fearful distance between the teachers and the taught as well as doctors and patients that prevents honest expression of anxiety and asking questions. *Some may argue about the pendular shift to the other end!!* A "Guru Shishya" relationship is therapeutic.

How to Cross the Chasms that the Gaps have widened into? - THE SOLUTIONS

May I submit the following suggestions to plant a sapling for actualization of the chosen theme: -

1. Going beyond the traditional "Academic meetings" – so much in vogue for reasons well known.
2. Social interactions "sharing memories, nostalgia, ideas, conversations and entertainment amongst Gurus/ Shishyas, Gurus / Gurus, Shishyas/ Shishyas. Expand on it to include families by: -
 - a. Periodical get-togethers to remember, greet and reiterate respect to Gurus – *already started as "Teachers' Day celebrations in September.*
 - b. Progressive decline in professional engagements beyond 75 yrs may give rise to loneliness, isolation, health issues

necessitate creating a database of such seniors, teachers and keeping in touch with them to sustain the bonding.

- c. A social get together open to all Maulanians with families, annually to begin with, may be a Sunday closest to Holi as "Holi Milan".

3. MAMCOS / MAULANIAN "Passport" is the vision to create a true fraternity – KOI HAI NA!

4. It may seem difficult and arguments of "Herculean Task", "Utopian Vision", "Impractical", "Who will do it" and how finances will come. The answer may lie in dictums below: -

- I. "What I can do" vs. "What can I do" – do what you can!
- II. The world population is made up of (mentality wise) 5% White, 90% varying in the shades of Grey and 5% Black. The trick is to use 5% Whites to reduce darkness of shades of grey progressively amongst 90% and ignore to isolate 5% incorrigible Blacks (even they may change hearts!) by countering their influence.*
- III. Just begin and let it evolve organically.

The wisdom is knowing that we may not reach the sky but will soar high enough in space to stay motivated. As John F. Kennedy said during his inaugural address as POTUS on January 20th, 1961: -

"All this will not be finished in the first one hundred days. Nor will it be finished in the first one thousand days, nor in the life of this Administration, nor even perhaps in our lifetime on this planet. But let us begin!"



Dr. Akhil K. Sangal
Batch 1970

Hello Teachers

First of all , let me introduce myself. I am a student of 1970 entry batch. Later on I went into health administration and subsequently retired as Medical Superintendent of G B Pant Hospital now GB. Pant Institute of Medical Education & Research(GIPMER) (By the way , I am real nephew of Indian Nobel Prize winner Dr. Hargobind Khurana)

First of all I will like to point out that a couple of years back a great initiative was taken by my class fellow , Akhil Sangal to honour our teachers on the occasion of The Teachers Day, 5th of September, 2023. A grand function was organised by him, with making efforts to get donations from Maulanians spread all over the world . All the teachers were honoured at that function. Akhil and myself distributed the momentos etc by going to there homes individually (who might have not been able to come because of age or illness etc)

From next year this event was adopted by the MAMCOS and Dr. Ganesh Mani became the co-organiser as he was president of the organisation then . Since then this is being organised every year on the day in the auditorium of MAMC.

(Whosoever wants become a member of the WhatsApp group created for this can become a member)

Having said all this , I will come to the main point. I am from the beginning a great devotee of my teachers at school, pre-medical and medical college and remember in detail even my teachers in school and pre medical. Here I will write and share a few reminisces of my days at MAMC and my teachers there.

Starting from First Professional.....

The Head of Department of Anatomy at my time was Dr. Charnalia, his daughter was our class fellow, Pamela. As far as demonstrators in that department are concerned, I clearly remember at least three of them, Dr. Ram Prakash, Dr. Ghosh and Dr. Kumkum. All of them were very hard working and took pains with each and every student. I think , Dr. Kumkum, went on to become Director Professor later on and got married to Dr. Yashpal Rana, demonstrator of Forensic Medicine then. Dr. Ram Prakash also had additional responsibility of conducting NCC exercises of us after the college hours.

Forensic department consisting of Head Dr. Bishnu Kumar (he was warden also of the boy's hostel for a period) and Dr. Yashpal Rana who married Dr. Kumkum At that time Biochemistry was part of the subject Pathology.

In second professional , I particularly remember Dr. K.D. Tripathi, the lecturer of Pharmacology, at that time . He gave such a simple and self explanatory notes that I was a fan of him. I took notes of his every class and this was one subject, that I cleared with very good marks without buying a book of that subject.

Later on he himself wrote the book on the subject which was the most popular among the students. My doctor daughter used this book to study from in her time.

Coming to the third professional, I still remember vividly, Dr. Hari Vaishnav. He was very particular about wearing a necktie or bow, always wore himself and expected everyone else to do it. He was followed by Dr. P.S .Gupta after retirement

Other teachers in Medicine, whom I remember were, Dr. S. N. Rizvi, he was a student of this college only and expert in Kidney. He was also very clear in his concepts and explained things very beautifully. But my favourite was Dr. R.C. Mishra. So clear in his thoughts and a great teacher. Was diminutive but of very sharp mind and witty. It was also by chance that I did my internship in his unit.

Dr. Satyanand was the Head of Surgery Department, a diminutive man , but very competent and knowledgeable . He had sort of allergy to the book of Clinical signs by Dr. Das and could not tolerate any student carrying it . This was because he considered it to be full of inaccuracies (but almost all the students read from Dr Das). He advised the book by Hamilton Bailey. I bought this book and was really a fan of this book because of its clear explanations and excellent pictures.

At that time, Eye department was a part of Irwin Hospital (as it was called then). Later on it went on to become a separate institution, The Guru Nanak Eye Centre. The associate professors there were Dr. Prem Singh, Dr. Pattanayak was considered to be Retina specialist and his wife was a lecturer in the same department. But my favourite was Dr. Gupta . He was very clear in his concepts and explained them in very simple language.

In Gynaecology, we had great teachers, like Dr. Kotwani, Dr. (Mrs) Chadha etc. While Dr. Chadha was a simple lady with good teaching skills, Dr.Kotwani was a very sharp and strict teacher, who could even speak to us in a tough language (but I appreciated her also).

In the PSM department, the Head was Dr. Prabhawati, again a very sensible teacher and a graceful lady.

In my later life I came in contact with many of teachers I always respected them, even touching their feet if possible.



Dr. Ashok Khurana
Batch 1970

Some Reminiscences of my Teachers

We had some wonderful teachers at MAMC when we were students (1974-78). There was Prof. Tandon whose use of coloured chalks (and later coloured overhead transparencies) on the simple blackboard could create layered 3-D images of the human Anatomy and Prof. Leela Rao who in her motherly way made sure we learnt our Anatomy without rote. Prof. Chakravarthy who taught Cardiovascular Physiology with passion and took us beyond the textbook. Prof. D.S. Agarwal, the Head of Microbiology (and the college Dean when I joined as faculty) was the quintessential medical school professor but always accessible to the students. Pharmacology took a different dimension with Prof. Tripathi and Prof. Prabhu, but more importantly was their mentoring as student advisors. Prof. Bishnu Kumar, the head of Forensic Medicine, when he conducted a class in the mortuary during autopsies was like a symphony and to this day, I can conjure those images as if it happened yesterday. Prof. S.K. Nair, the Head of Surgery was also the warden of the boy's hostel and lived in the campus. He had the pulse of the boys who resided there through his post dinner walks which invariably included a stopover at the hostel, and he would often join us for dinner in the hostel mess – opportunities for us to vent our grievances to him. This was in contrast to the strict disciplinarian and meticulous person that he was while in the hospital (his meticulousness to details and documentation I saw again when he sought my help for his pension revision when I was Dean – almost 38 years after he has retired). Our teachers at MAMC were excellent and exceptional professionals who moulded us, without our being aware, to be skilled physicians we are today and instilled all the right attitudes, communication skills, integrity and ethical values in an era when there were no AETCOM modules.



Dr. Siddharth Ramji
Batch 1974



An Ode to My Teachers ... and My Students

Once you pass through the portals of Maulana Azad Medical College, it becomes a part of your bloodstream and remains there forever. I was fortunate to become a member of the MAMC family 54 years ago in 1972. Although I spent the years 1978 – 1983 at AIIMS and left the college in 1992 after eight rewarding years on its faculty, MAMC never left me. The bond has endured through the decades and remains as strong as ever.

Reminiscence and nostalgia are integral parts of our lives, though not always considered harmless, the book *Nostalgia: A History of a Dangerous Emotion* by Agnes Arnold-Forster being a case in point. Yet, as Sir William Osler, the father of modern medicine, wisely observed: “In the continual remembrance of a glorious past, individuals and nations find their noblest inspiration.”

And the glorious past of Maulana Azad Medical College never fails to inspire.

We were privileged to be educated at a time when the faculty was full of legends, teachers who were not merely educators but role models who left an indelible imprint on our minds, our values, and our lives.

Our teachers have had an impact which is best described by the following quote.

“A teacher affects eternity; he can never tell where his influence stops.”

Henry Adams

Those were the days when the renowned cardiologist Dr. S. Padmavati was our Director-Principal. We held her in such awe that few of us ever ventured near her office. Teaching began with remarkable mentors such as Professor Charnalia and Dr. Pahllekar in Anatomy; Dr. U. C. Rai, with his distinctive nasal twang, and Dr. Mrs. Pandey in Physiology; Dr. K. K. Agarwal, remembered for his quotes and Dr. K. D. Tripathi, whose textbooks became a classic in Pharmacology; Dr. D. S. Agarwal and Dr. Baveja in Microbiology; and Dr. Mrs. Chandra in Pathology, from whom I have particularly fond memories, having had my first D viva and received my first distinction with her (and later, the privilege of taking care of her eyes)

In Preventive and Social Medicine, teachers such as Dr. Mrs. Dewan, Dr. Harish Grover, and Dr. Kusum Sehgal brought both learning and warmth

to the classroom. I still remember how, when we mischievously sang “Dilwale Dulhania Le Jayenge” during one of her classes, Dr. Sehgal smilingly replied, “Woh to pehle hi le gaye!” — a response that remains unforgettable.

The clinicians who guided us through Hutchison, Hamilton Bailey, and K. Das were giants in their own right. Physicians such as Dr. P. S. Gupta, Dr. P. D. Gulati, Dr. N. P. S. Verma, Dr. R. C. Misra, Dr. S. N. A. Rizvi, and Dr. D. D. Kulpati shaped our understanding of medicine and clinical reasoning. Their teaching styles differed, but their impact was equally profound. Dr. P. S. Gupta continues to inspire us with his presence and blessings in the Ganga Ram Hospital. Dr. N P S Verma was invariably right when he said ‘this patient looks diabetic’, on our ward rounds, Dr. Rizvi’s insistence on remembering the “cause” of every condition in the correct order, and Dr. Misra’s razor-sharp humour remain vivid memories.

Among the surgeons, legends such as Prof. G. D. Goel, Prof. S. K. Nayar, Prof. Anand Prakash, Prof. Budhiraja, Dr. Thusoo, and Dr. Kakar ensured that surgery became not just a discipline but a passion. Those years were made even more memorable when I had the privilege of receiving the Colonel D. R. Thapar Gold Medal in General Surgery from one of the towering figures of modern India, General Sam Manekshaw, who would later become the country’s only Field Marshal. (Photograph)

I also had the hugely gratifying privilege of operating on many of the faculty of our college, in the later years

The privilege of learning from paediatricians such as Dr. Satya Gupta and Dr. S. K. Mittal, whose classes remain fresh in memory even today, and from distinguished gynaecologists including Dr. Kotwani, Dr. P. Chadha, and Dr. Padubidri, enriched us immeasurably. We had the privilege of Dr. Kotwani, working with us at Ganga Ram till almost her last days, with as much energy as in her young days. We still enjoy having Dr. Chadha with us in the hospital. Each one of them had a unique way of inspiring students. I still remember Dr. Chadha granting us leave for a trip to Manali during our internship, after we faithfully fetched samosas for unit tea, every day, from Delight Cinema—with her money, of course!

The ENT department boasted of the presence of Prof. Kakar, a towering figure in all senses of the word, Dr. Arun Agarwal, the calm, knowledgeable man, and Dr. Narottam Puri, famous for his phenomenal knowledge and memory about sports and his cricket commentary. The Dermatology department with Prof. Ratan Singh was truly formidable. The Orthopaedics department had Dr. Mrs Kohli and the lovable Dr. Dusaj, to guide us.

The Ophthalmology Department too had its own galaxy of stars. It was a privilege to learn from and later work alongside stalwarts such as Prof. A. K. Gupta, Prof. L. D. Sota, Dr. D. K. Mehta, Prof. Gurbax Singh, Dr. B. Patnaik and Dr. Kalsi. Returning as a faculty member gave me the opportunity to know many of them more closely and appreciate their contributions even more deeply.

Yet MAMC was never only about academics. We remember the colourful student elections, the over 3 month long historical strike, the sports meets, the cultural festivals, the spirited hostel life, and the endless friendships forged in classrooms, wards, hostels, and canteens. We remember cheering, jeering, celebrating victories, and surviving examinations together. Especially fond are the memories of the music festivals (good time to hoot down some bad performers and some not so bad ones belonging to rival batches with war cry of - 'low stuff'). Also vivid are the colourful memories of the girls of senior and our batch (we were unfortunate enough not to have any admission of Girl's in our junior batches). There are many fond memories of our hostel days including of the ruckus made in the messes (I ran the so called 'Illad' or South Indian mess for some years). We remember youthful enthusiasm, occasional mischief, and the lifelong friendships that emerged from those shared experiences.

Some of my fondest memories are of the years I spent as a teacher at MAMC between 1984 and 1992. The undergraduate students and residents whom I had the privilege to teach have become one of the greatest sources of joy in my life. Nothing equals the warmth of meeting former students years later and witnessing their achievements, their affection, and their continued goodwill. Those years prepared me for being a lifelong teacher at Sir Ganga Ram Hospital and at Vision Eye Centres, where DNB programs and fellowships are a great source of fulfilment. It has been hugely gratifying to be able to carry forward my commitment in

Ophthalmic education nurtured by MAMC in later life as President of All India Ophthalmological Society, Asia Pacific Oculoplastics Society, Oculoplastics Association of India, as founder General Secretary of World Oculoplastics Society and as chair of Education related committees of International Council of Ophthalmology and Ophthalmology Foundation, the global body dedicated to Ophthalmic Education. In these capacities I was able to create National Residency and Subspecialty curricula, initiate international Subspecialty examinations and deliver nearly 2000 invited Orations, courses, talks, create text books and contribute nearly 80 textbook chapters. This joy of teaching was made possible only due to the years spent at MAMC as a student and as faculty.

This year, when I contested the Delhi Medical Council election, many of my former students became my most enthusiastic voluntary campaigners. It is no exaggeration to say that without their dedication and support, the outcome might well have been different. For that, I remain profoundly indebted.

I can say the same for my own batchmates of 1972–1976, whose affection and camaraderie have remained unchanged through the decades. We meet annually in Delhi and once each year outside the city. Some of us gather every month to get together, sing some songs and relive the memories of our college days. Those moments are priceless.

MAMC, as I said at the beginning, lives within us. It shaped our professional lives, enriched our personal journeys and gave us friendships that have stood the test of time. Every memory brings a smile; every reunion rekindles a sense of belonging.

May the spirit of MAMC continue to inspire generations of students and teachers alike.

Long live MAMCOS.

Long live MAMC. *"The true teachers are those who leave footprints on our hearts, and the true students are those who carry those footprints forward."



Dr Ashok Kumar Grover
Batch 1972

MAMC(1983-1988) : Teachers & the Taught

The name that evokes a thousand memories, memories that gush and tumble and pull at our heartstrings.

All of us who reached the hallowed corridors of MAMC in 1983, knew that we had struck gold and reached a dream college; the bricks and mortar appeared gleaming and beautiful to our eyes. The Freshers' Day celebrations confirmed the belief that this was a brave new world we were now in.

Anatomy classes, however, brought us back to reality with a thud. There were "relations" who were not cousins or aunts and uncles. "Structures passing through" were a nightmare. The dissection hall and its smells were fit to pierce the cribriform plate. What was this strange world we had unsuspectingly reached? Weren't we supposed to be healing patients, putting salve on wounds and giving tablets and injections?

Biochemistry was beyond understanding, so everyone was in the same boat of confusion. Physiology seemed reasonable and understandable until one came across *Samson Wright*, the textbook whose syntax and language were tougher to crack than Shakespeare. Drs. Mr. and Mrs. Chakraborty's (fondly called "Chakku Chakki") notes, passed down from generations of seniors till they became illegible in the photostat process, were lifelines and if you didn't know the "Hypoxic Hypoxia" story, you could hardly be a MAMCite.

Chaurasia, Ganong and Guyton were the go-tos for us mere mortals, and we clung to them for dear life. Some brave souls did read Grey's Anatomy from day 1, we held them in absolute awe. After the first professional exam, we were in third year (in those times that was the norm) and again told by all seniors that this was the "fun year" and no studies could be tolerated. We were "once bitten, twice shy" after the first Prof., so we refused to believe them and kept plodding on.

The subjects in third-fourth years — Pathology, Microbiology, Pharmacology and Forensic Medicine — were definitely far more interesting, and I think everyone found their favourites quickly. For me, I loved Pharmacology and Microbiology. I also liked Pathology, and specifically loved *Robbins*, though it is a very tough book to read and understand, you had to be in a "flow mindset" to align with it.

We were lucky to have some great teachers. The then Dean, Dr. D.S. Agarwal, taught us *Corynebacterium*, and most of us still remember

that chapter in all its detail. Dr. Krishna Prakash in Microbiology was a friendly teacher whom we all remember fondly. Dr. T. Singh in Pathology was brilliant, many of our batchmates who went on to become Pathologists probably found their role model in him. In Pharmacology, we had the great Dr. K.D. Tripathi himself teaching us; the notes he taught MAMC students from, went on to become his hugely successful textbook, fondly known to all as "KDT." This is a favourite story I always tell to medical students today.

No one can forget Dr. Bishnu Kumar's Forensic Medicine lectures, he was the master of his craft, and we used to hang on to his jaw dropping medico legal tales, but when it came to learning definitions and legalities, most of us were at sea.

Each one of our teachers, especially from the pre-clinical years — Dr. Vandana Kaul, Dr. Shashi Bharadwaj, Dr. Tandon, Dr. Jain in Anatomy, Dr. Bhatnagar and Dr. Savita Babbar in Physiology, Dr. K.K. Agarwal (fondly known as Kaku), Head and Dr. Prabhu and Dr. Tejwani in Pharmacology: their lecture styles, notes and voices are etched in our memories. Now, with our own friends in that position — Dr. Vandana Mittal Roy, Head of Pharmacology in MAMC, and Dr. Neera Sharma, Head of Biochemistry at RMLH, I hope they realize what revered figures they are to their students and knowing them, I am sure they nurture and cherish that student- teacher bond like our teachers did.

Once we started our ward postings, student life became far more hectic, studying for the second professional exam while seeing patients in the evenings and trying to grasp clinical knowledge. This was the time for clinical residents to shine. They were the ones who taught us the nuances once the professors had left for their homes; we hung on to every word for dear life. For the first time, we felt we were finally here to become doctors, and at the same time everything was confusing and daunting, and most of us had severe self-doubts. How could the Medicine team auscultate hearts and lungs in these milling crowds? How did the Paediatric team handle so many sick kids and anxious parents? These were some of the questions we repeatedly discussed among ourselves. Now, when I am able to handle Medicine patients in a crowded government hospital OPD, I realise what a long way I have come, thanks to that training.

Dr. N.P. Singh, fondly known as "Nanu Sir" was a great favourite in the Medicine wards and still remains friend, philosopher, guide for many of us.

In the Final prof, we were inundated with subjects and books, Medicine, Surgery, Obstetrics & Gynaecology, ENT, Ophthalmology, Paediatrics, Anaesthesia, Psychiatry, PSM and more. We didn't know which one to give more attention to and which we could afford to neglect. We were petrified of the final professional exam but at the same time excited about starting the 1 year rotatory internship and the "stipend" we would get.

Dr. Reva Tripathi and Dr. Uma Sareen in Gynaecology; Dr. Mehta and Dr. Ingle, trying to teach PSM to 180 very reluctant students (now we realise how important public health is, alas, in those days we didn't want to read the subject), Dr. Bhatnagar, Head of Physiology; Drs. Dhall, Yadav, Chugh and Mathew in Orthopaedics — the latter two, residents at the time, soft-spoken enough to break the "Ortho stereotype"; Dr. T.K. Malik in Surgery; Dr. Thusoo, the perfect gentleman; Dr. V.J. Anand, foreign returned with polite flamboyance, Dr. D.S. Rana, so polished; Dr. Kaza; Dr. Jindal; the late Dr. Mohan Nayar, DM Cardiology resident at the time; Dr. Saroj Prakash; Dr. D.D. Kulpati; Dr. Rizvi; Dr. Richa Dewan...they all taught us, mentored us, in their unique styles, just as children learn from parents, we learnt so much just by observing these great teachers at work. As they say, it takes a village to raise a child. Likewise, it took a full quorum of teachers, to see raw girls and boys through to acquiring the precious mantle of "Doctor."

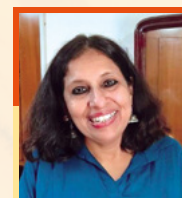
Laurence "s textbook of Pharmacology and Bailey & Love for Surgery would be the most favourite

textbooks of MBBS students if a poll was conducted. Both had that rare ability to make you **smile while studying medicine—a considerable achievement when you were preparing for an MBBS exam!**

They were not just textbooks, for generations of students, they were **companions, confidence-builders and occasional sources of comic relief during very long study hours.**

When I think back, I think of MAMC as a self-contained microcosm. We had little interaction with the outside world, so engrossed were we in our own lives and most of the time we felt no deprivation, because we had no idea about the outside world. In a way, it was good for us. Thank you, MAMC and our teachers, for giving us our own universe, for the core memories of times spent reading, learning, bonding, fretting about the unseen future and evolving....

Wherever we are and who we are, we owe it to our alma mater!



Dr. Prerna Kapoor
Batch 1983

हमारे शिक्षक

हर सफलता के पीछे एक गुरु का हाथ होता है
बचपन की कच्ची मिट्टी को,
तप कर जो सोना बनाते हैं,
वो शिक्षक कहलाते हैं ..

मुख में आवाज़ तो होती है,
शब्दों का अर्थ नहीं होता,
एक एक शब्द सजा कर जो,
एक शब्द कोश जो बनाते हैं,
वो शिक्षक कहलाते हैं ...

जीवन की कँटीली राहों को,
जो नर्म रेत सा बनाते हैं,
ओर गर्म रेत के अंदर भी,
जी फूल हज़ारों खिलाते हैं,
वो शिक्षक कहलाते हैं ...

एक कौड़ी जैसे जीवन को,
जी फूलों जैसा बनाते हैं,
सूखी वीरान जिंदगी में,
जो रंग भरना सिखलाते हैं,
वो शिक्षक कहलाते हैं ...

शत शत नमन है हर शिक्षक को,
जीवन अर्पण हर शिक्षक को,
जो प्यासी सूनी आँखों को,
जीने की राह दिखाते हैं,
वो शिक्षक कहलाते हैं,
वो शिक्षक कहलाते हैं !!



Dr. Shashi Kiran
Batch 1983

Back to Where it all Began

25 Years of Entering MAMC — A Reunion with Our Teachers

1st August 2026 | Maulana Azad Medical College, New Delhi

Twenty-five years ago, on 1st August, 2001, a group of young students walked through the gates of Maulana Azad Medical College with dreams, nervousness and a sense of adventure. We arrived as strangers, carrying admission letters, new books and ambitions that were still taking shape.

On 1 August 2026, we returned to the same campus—this time as doctors, teachers, surgeons, academicians and professionals, with twenty-five years of life and memories behind us. But some things had not changed.

The familiar buildings. The corridors. The lecture theatres. The lawns. The unmistakable feeling of being back at MAMC and, most importantly, the teachers.

A Day of Returning

The day began at the **Dean's Carpet**, where members of the MBBS and BDS admission year 2001 gathered for a group photograph. There was something deeply nostalgic about standing together again for a photograph, not as the nervous young students we once were, but as a batch that

had travelled together through a quarter of a century.

The morning then offered an opportunity to simply **reunite with the campus**. Vist to Hostel, Nescafe outlet, our frequented places of meet up all brought back several memories. The feeling of friendship and nostalgia was warmer than the hot August day. Walking through MAMC after 25 years brought back memories that had remained tucked away in some quiet corner of our minds: lectures that seemed endless at the time, hurried walks between departments, practical examinations, hostel stories, friendships, laughter, anxieties about the next examination and the countless small moments that, in retrospect, became the real memories of medical college.

The Teachers Who Shaped Us

The most meaningful part of the day was the **Faculty Felicitation**, held at the ground floor lecture theatre (GFLT).

For many of us, seeing our teachers again after so many years was an emotional experience.





These were the people who had taught us Anatomy, Physiology, Microbiology, Pathology, Pharmacology and Community Medicine and then guided us through the clinical specialties that gradually transformed us from students into doctors.

A rose, a note of thanks and a small memento were offered to each teacher, not as a measure of what they had given us, because that cannot be measured, but simply as a gesture of gratitude.

We were fortunate to have teachers from across the college join us:

- **Anatomy:** Dr. Rajesh Suri, and Dr. Neelam Vasudeva ; **Physiology:** Dr. Mona Bedi; **Microbiology:** Dr C. P. Baveja ; **Pathology:** Dr. Nita Khurana ; **Pharmacology:** Dr. Vandana Roy; **Community Medicine (PSM):** Dr. Nandini Sharma ; **ENT:** Dr. Achal Gulati, Dr. Anoop Raj, Dr. Arun Agarwal, Dr. Ravi Meher and Dr. J. C. Passey; **Ophthalmology:** Dr. Kirti Singh; **Obstetrics & Gynaecology:** Dr. Anjali Tempe; **Orthopaedics:** Dr. Sumit Sural; **Paediatrics:** Dr. Sangeeta Yadav; **Surgery:** Dr. P. N. Agarwal ; **Anaesthesia:** Dr. Rakesh Kumar and Dr. U. C. Verma

We were also honoured by the presence of

- **Dr. Munisha Agarwal, Current Dean, MAMC, Dr. Arun Agarwal, Former Dean MAMC** (who headed the institution during our MBBS days), **Dr. Mahesh Verma, former Director-Principal MAIDS** (who headed the institution during our BDS days).

Teachers who could not attend the event sent their blessings through messages to the batch. Seeing

our teachers together brought home a simple truth: while we may remember our degrees and examinations, what stays with us much longer are the people who taught us.

More Than Medicine

Looking back after 25 years, it is easy to recognise that our teachers taught us much more than the subjects written in our textbooks.

They taught us how to observe. "How to question, How to think, How to remain calm when things were uncertain, How to take responsibility And, perhaps most importantly, how to care for another human being."

The lessons learnt in those classrooms and wards travelled with us far beyond MAMC. They entered our operating rooms, clinics, classrooms, laboratories and communities. They influenced the doctors we became and through us, countless patients and students whom our teachers would never meet. That is perhaps the greatest legacy of a teacher.

A Special Felicitation — The Bookshop *Bhaiya*

"Some people teach us through lectures. Others help us through the journey." Among those we chose to felicitate was someone who may not have stood in a classroom, but who was an indispensable part of our student lives, Anurag and Waaris from the **MAMC bookshop (Actually AVNI Book Store)**. For generations of students, the bookshop was much more than a place to buy textbooks. It was where we went for books before an examination, notebooks and stationery when we ran out, and countless little things we needed through the day. More importantly, it was a place where we

could always find someone familiar, helpful and willing to go the extra mile. His felicitation was our small way of acknowledging someone who quietly supported hundreds of students through their MAMC years. **He was part of the everyday fabric of college life and therefore, a part of our memories of MAMC.**

Lunch, Laughter and Old Stories

Following the felicitation, the batch came together for lunch. It was less a formal meal and more an excuse to sit together again. Old stories resurfaced. Names that had not been spoken in years were remembered instantly. Laughter came easily. Conversations jumped between the past and the present, careers, families, journeys, achievements and, inevitably, those unforgettable MAMC days.

At such moments, twenty-five years seemed to disappear. For a few hours, we were students again.

A Quarter Century, and Still Connected

Twenty-five years is a long time. People move cities. Careers take unexpected turns. Families grow. Priorities change. Yet some connections

survive all of it. MAMC is one such connection.

For the MBBS Batch of 2001–2006, 1 August 2026 was not simply an anniversary. It was a reminder of where our journeys began and of the people who helped set us on our way. As we left the campus that afternoon, there was a shared feeling among us, a mixture of gratitude, nostalgia and perhaps a little disbelief that twenty-five years had passed so quickly.

We came back to celebrate our journey. But in the end, the day belonged to our teachers. To those who stood at the beginning of our professional lives. To those whose lessons stayed with us. And to those who, twenty-five years later, still felt like **our teachers at MAMC.**

Thank you for teaching us.

Thank you for guiding us.

And thank you for being part of our story.

With deepest gratitude,

MBBS Batch 2001–2006



Event Organised by (On Behalf of MAMC Batch 2001)

- | | | |
|---------------------|---------------------|-----------------------|
| • Dr. Shubham Garg | • Dr. Khushbu Goel | • Dr. Shefali Agarwal |
| • Dr. Anurag Mishra | • Dr. S Gayatri | • Dr. Rajat Jain |
| • Dr. Vineet Narula | • Dr. Priyanka Jain | • Dr. Bharti Jasra |
| • Dr. Jaspriya Bal | • Dr. Nikunj Jain | • Dr. Prashant Mehta |
| • Dr. Tanya Sehgal | • Dr. Arpana Kullu | |

My Journey from a Young Medical Student to a Teacher at MAMC

A journey shaped by teachers, mentors, opportunities and the spirit of being a Maulanian

I entered MAMC in 2007 as an unsure young boy, carrying hundreds of insecurities and fears. The struggle to get into this college had been humongous—years of studying, countless hours of preparation and many sacrifices. When I finally entered MAMC, it felt like a dream come true.

But the first few years were not easy.

There was little to anchor or mentor me through the transition from school to medical college. I had been academically brilliant throughout school, but MBBS threw a completely new challenge at me. I struggled to find my place. I craved not merely academic excellence, but something beyond academics, something that would make my years in college meaningful.

My first real breakthrough came through my interaction with Dr Vandana Roy Ma'am, who had spearheaded the SPIC MACAY movement at MAMC. She not only guided us in conducting a wonderful SPIC MACAY festival, but also helped us produce and edit the very first newsletter for the festival.

That was perhaps the first time I felt that I could do something exciting and meaningful in college.

Those experiences opened doors to interactions with stalwarts such as Pandit Birju Maharaj, Sonal Mansingh and Pandit Hariprasad Chaurasia. What had been a vague craving to do something more suddenly found an avenue.

Dr Vandana Roy Ma'am shaped not only my academic foundation in Pharmacology, but also gave a completely new dimension to my life. Even after all these years, she has continued to be a true mentor, guiding me at various stages of my academic career. When I returned to MAMC as a faculty member, she welcomed me warmly back into the MAMC family.

In my third year, I contested and won the election for the post of Editor of Spandan, the college magazine.

This brought me into close interaction with Dr. Neelam Vasudeva Ma'am. I had always known her as a brilliant academician and a person with an extraordinary command over the English language.

At that stage, I was still a novice when it came to written and spoken English. Ma'am became an exceptional mentor in my editorial journey.

That year involved numerous discussions, drafts, corrections and, undoubtedly, many to and fro. Looking back, those interactions were invaluable. Even today, I fondly remember Ma'am for her guidance and unwavering support of my creative pursuits.

Then came the clinical years.

Many of the teachers who were themselves at relatively early stages of their careers taught us lessons that have stayed with me for life. I still remember Dr. Sanjay Pandit taking my very first Medicine clinical case and Dr. Anurag Mishra taking my first Surgery clinical posting.

Dr. Anurag's insistence that we revisit anatomy before approaching a surgical case has stayed with me so strongly that I now find myself telling my own students the same thing: *"Know your anatomy before you scrub."*

Perhaps the most defining moment came in 2010, when I attended an 8–9:00 AM class by Dr. Sarin on tracheoesophageal fistula (TEF). His description of how difficult it was to save a baby with TEF in India left a deep impression on me. Somewhere during that lecture, I decided that I wanted to become a pediatric surgeon.

Eight years later, in 2018, when I joined MAMC as an MCh resident under him, it felt like another dream coming true. During my MCh training, Dr. Sujoy Neogi became a true mentor. He hand-held me through the first year, taught me the fundamentals and, importantly, gave me the independence and confidence to find my own way and shine.

And then there is Dr. Simmi Ratan Ma'am, whom I have deliberately saved for the last. As the Head of the Department during the latter half of my MCh training, she ensured not only that I received rigorous academic and surgical training, but also that my batch mates and I were looked after almost like her own children.

During my MCh, I once landed in deep trouble

when a journal sent me a demand for 500 euros for publishing a case report. Ma'am did not merely offer moral support. She personally took up the matter with the Dean and ensured that the issue was resolved.

Years later, when I returned to the same department as a faculty member, she once again took it upon herself to ensure my academic growth and personal development. She is teaching me something far more valuable than surgical skills—how to be a good mentor. And that brings me to where I am today.

It still feels surreal to walk through the same corridors as a faculty member that I once walked through as an undergraduate student. The classrooms, the corridors, the wards and the operating theatres that once intimidated me are now places where I teach undergraduate and postgraduate students. And every time I teach, I realise that whatever I have become is not solely my achievement. It is a reflection of the teachers and mentors who invested their time, patience, knowledge and faith in me.

They shaped me not only into a pediatric surgeon with surgical skills, but also, I hope, into a teacher who understands the responsibility of passing that knowledge forward.

I entered MAMC in 2007 looking for direction.

Today, I walk through the same institution as a teacher.

That journey feels surreal.

My biggest hope now is that the students and residents I teach carry forward something much larger than surgical knowledge, the values, spirit and legacy of being a Maulanian.

And perhaps that is the greatest privilege of returning to the place where your journey began: to carry forward the guidance, values and mentorship that I received from so many remarkable teachers and mentors, and to pass them on to the next generation.

Dr Raghav Narang
Batch 2007

Disclaimer

This document has been edited and refined with the assistance of artificial intelligence (AI). The experiences, memories, sentiments and factual content are based on the author's own account.





Vote of Thanks by

Dr. B.L. Taneja, Founder Principal M.A.M.C. with Pandit Govind Ballabh Pant on Foundation Stone Laying Ceremony, on 24th Oct. 1959



Photo Gallery

THE MAULANA AZAD MEDICAL COLLEGE NEW DELHI-2. Final Year Students (1967-68)

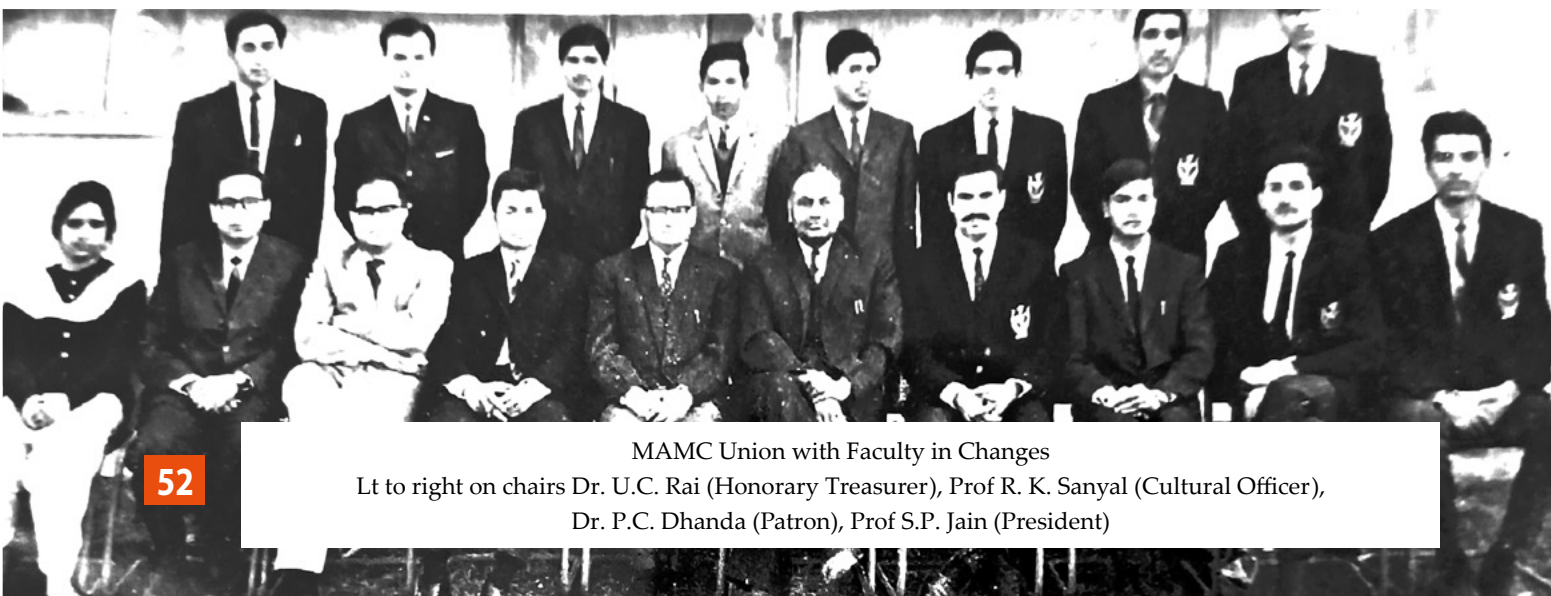
Final Year Students (1967-68) with Faculty



Sitting L to R : A. H. Qureshi (class-representative), Dr. J. N. Bhyana, Dr. B. Shankaran, Dr. S. N. Chaudhary, L. B. M. S. Bedi, Dr. B. Kumar, Dr. O. P. Bhardwaj, Dr. N. P. Singh, Dr. B. Ghoshary, Dr. Satya Gupta, Dr. P. Kakkar, Dr. Sanyasand, Dr. H. Vashnav, Dr. L. V. Phata, (Principal-Director), Dr. B. P. Sinha, Dr. I. D. Bajaj, Dr. R. N. Chugh, Dr. A. K. Banerjee, Dr. S. R. K. Malik, Dr. R. M. Verma, Dr. P. P. Thakral, Dr. R. N. Nigam, Dr. S. Janki, Dr. D. N. Gupta, Dr. H. K. Chuttani, Dr. A. Das, P. Mehta, D. Kaur, B. B. Khurana, R. Lalwani, R. Paul, M. M. Kaur, V. Aggarwal, P. Verma, V. Mehta, Kamlesh, Mrs. A. Saradamba, N. Kapoor, M. Kapoor, U. Sood, V. R. Chawla, A. Kaur, M. Rewari, R. Bhatnagar, S. Jas Pal, Mrs. Y. Bhagat, S. Kurup, S. Chopra, Sushma, M. Rani, M. Chinnani, N. Sharma, Ritesh Babra, S. Chawla, Neena Mahajan.

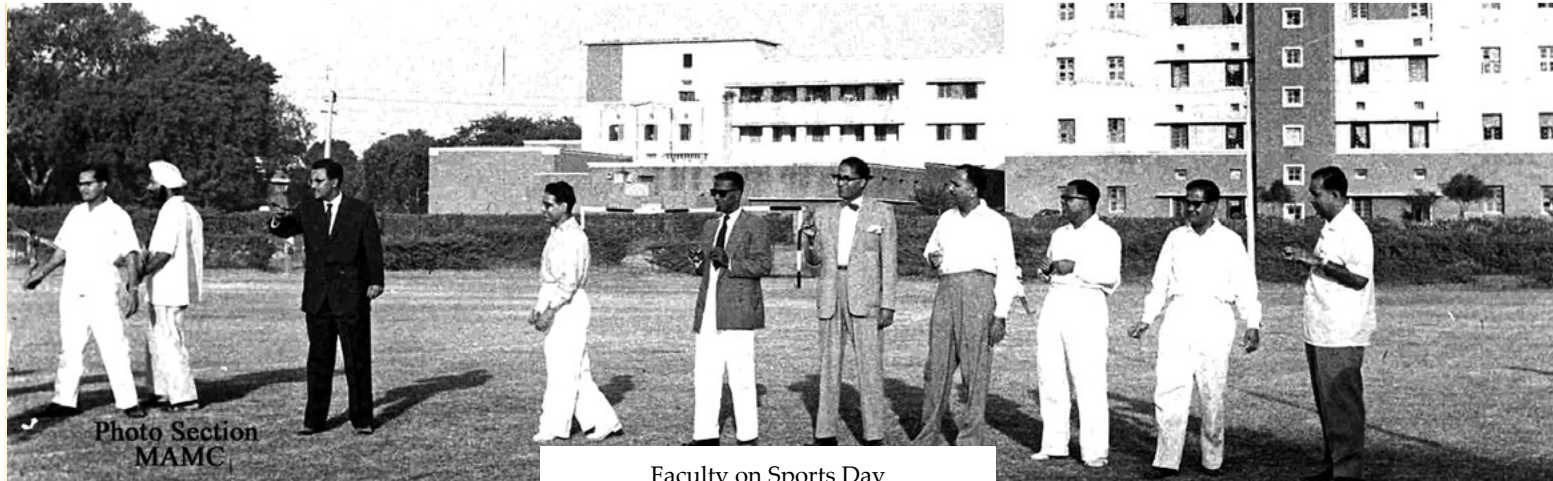
Standing 1st Row (L to R) C. Karia, S. Bhunia, T. R. Sachdeva, J. L. Makhija, S. K. Mehrotra, Md. K. Easheef, R. K. Khanna, Md. Laki, P. Vir, K. Vishwanathan, D. V. S. Harit, J. Singh, M. M. U. Sheikh, M. D. Gupta, R. B. Jain, R. K. Gupta, V. Sharma, K. K. Agarwal, G. R. Khatri, H. O. Gupta, R. C. Sharma, S. Chakravarty, K. D. Aggarwal, S. K. Wadhwa, R. C. Gupta, B. Kishan.

Standing 2nd Row (L to R) S. Banerjee, V. K. Garg, A. Goel, P. Bhatnagar, N. N. Tandon, S. C. Amar, S. M. R. Sharma, S. D. Parashar, S. P. Aggarwal, M. Mohan, S. R. Gupta, K. L. Singla, R. Kumar, V. Sagar, R. Parshad, C. M. Vaidya, Y. S. R. K. Prasad, S. Paul, M. Jain, A. K. Chaturvedi, D. R. Mahajan, K. C. Bagra, R. M. Dhamija, D. K. Jain, A. Sabharwal, A. K. Sood, T. R. Jaggi, L. N. Ahuja, P. Chand, R. D. Makhija, S. K. Sood, M. A. Vaidya, Ashok Chandra, S. C. Anand, I. S. Dal, Th. N. Singh, D. K. Mehta, L. R. Narula, B. K. Chodha, T. K. Thussan, R. K. Kakkar, S. R. Gupta, Madhukar, Jag Bhanwan, V. K. Saxena, S. Sachdeva.



MAMC Union with Faculty in Changes

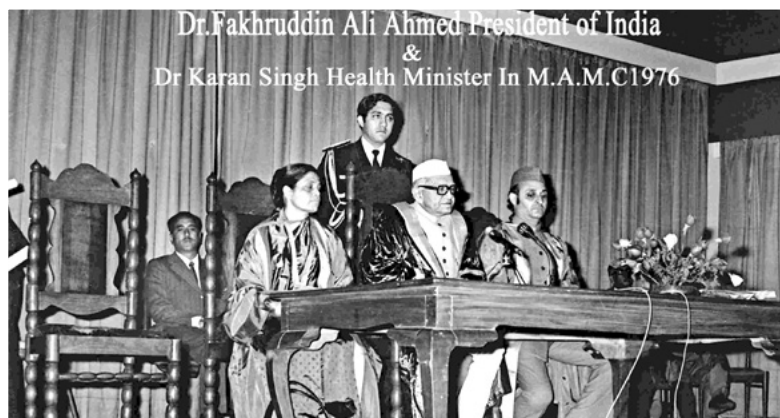
Lt to right on chairs Dr. U.C. Rai (Honorary Treasurer), Prof R. K. Sanyal (Cultural Officer),
Dr. P.C. Dhanda (Patron), Prof S.P. Jain (President)



Faculty on Sports Day



Dr. Karan Singh (Health Minister) & Dr. Padmavati in MAMC 1974



Dr. Fakhruddin Ali Ahmed, President of India & Dr. Karan Singh, Health Minister, Dr. Padmavati in MAMC 1976



Students (1963-1968) & Faculty

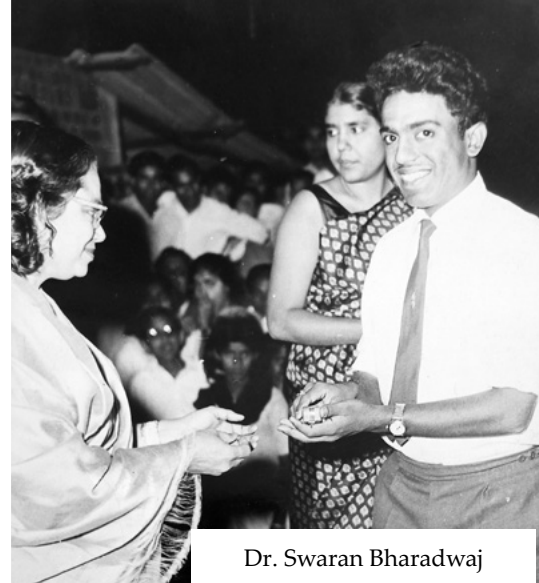


Silver Jubilee MAMC 1983

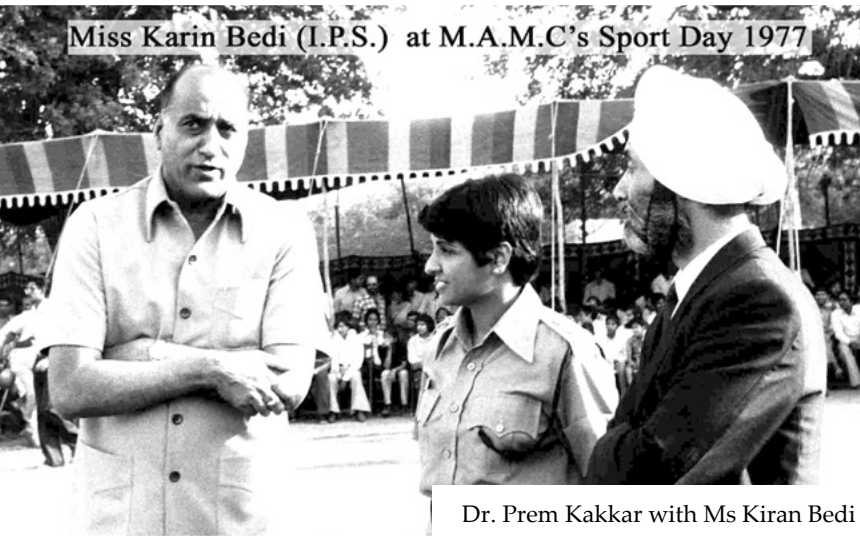
Chief Guest President Giani Zail Singh, Lt. Governor Jagmohan Malhotra, Dean Dr. K. B. Sharma Faculty



Dr. J.K. Tandon 5th from left



Dr. Swaran Bharadwaj



Miss Karin Bedi (I.P.S.) at M.A.M.C's Sport Day 1977

Dr. Prem Kakkar with Ms Kiran Bedi



From left Dr. Ved Prakash, wife of Lt. Governor opening Fancy Fun Fair, Dr. P.C. Dhanda Principal, Dr. Prasad



Play by Deptt of Pharmacology faculty

Dr. G. Tayal, Dr. S. Prabhu, Dr. S. Kathuria, Dr. Kotwani,
Back Row - Dr. U. Gupta, Dr. Vandana Roy,
Dr. Dinesh, Dr. Uma Thakur, Dr. K. D. Tripathi



2025 (from Lt to Rt) Dr. M.M.Singh, Dr. Deepak Tempe, Dr. Vandana Roy, Dr. Sabita Mishra, Dr. Simi Rattan, Dr. S. Burman



Chief Guest, Chief Justice of India Justice D. Y. Chandrachud, Dean Dr. Poonam Narang meeting faculty



Annual Day Procession (2019)

करूँ गुरुवर क्या अर्पण

(मेरे सभी गुरुजनों, मार्गदर्शकों व आचार्यों को समर्पित)

शीश तुम्हारे चरणों में है,
करता हूँ स्नेहिल वंदन
जीवन की संध्या-वेला में
गुरुवर और करूँ क्या अर्पण.....

1-
कुम्भकार की अमिट लगन से
अनगढ़ मुझको गढ़ डाला
पीयूष भरा गुरु अंतर-घट में
ज्ञान सरोवर पढ़ डाला।

लौकिक दैविक तुम आकर्षण
जीवन की संध्या-वेला में
गुरुवर और करूँ क्या अर्पण.....

2-
गुरुवर नीड़ छाया में पलकर
विकसित पंख मैंने पाए ।
क्षितिज लांघ अनचीन्हे जग के,
सरहद अंबर तक उड़ आए।

करता जय-श्री का मैं वरण
जीवन की संध्या-वेला में
गुरुवर और करूँ क्या अर्पण.....

3-
जीवन के अन्धियारे पथ में
कहीं भ्रम था कहीं विरक्ति
गुरु सम्बल थे तमस में मेरे,
मन बुद्धि में गुरु की शक्ति।

मिटा भय और गया विकर्षण
जीवन की संध्या-वेला में
गुरुवर और करूँ क्या अर्पण.....

4-
जब भी बाधाओं ने पथ घेरा,
अवलम्ब आराध्य थे गुरु मेरे।
झकझोरा भी कटु वचनों से,
मन में हित के भाव उजरे।।

गुरु ने दिखा दिया बस दर्पण
जीवन की संध्या-वेला में
गुरुवर और करूँ क्या अर्पण.....

5-
पारस के सम मुझको छूकर,
काट दिए सब भव-बन्धन।
भव सागर से तरा न केवल,
प्रकाशित करता हूँ जन मन।

पुखों का भी होगा तर्पण ।
जीवन की संध्या-वेला में
गुरुवर और करूँ क्या अर्पण.....

6-
अक्षर से अध्यात्म दिखा कर,
जीवन-धारा नव मोड़ दिया।
चिंतामणि मुझे दी अनुपम,
अज्ञान का बंधन तोड़ दिया।

मैं रोज मनाता पर्व पर्युषण
जीवन की संध्या-वेला में
गुरुवर और करूँ क्या अर्पण.....

7-
सपनों में भी तुमने आकर
अवसाद विषाद सभी हर डाले।
चंचल मर्कट मन की गति को,
धैर्य के पंख लगा डाले।

दिव्य अलौकिक गुरुवर की शरण
जीवन की संध्या-वेला में
गुरुवर और करूँ क्या अर्पण.....

8-
गोविंद से गुरुतर साथ तुम्हारा
पास न आने दिया पराभव।
हुआ तिरोहित अन्तर का तम
सन्मार्ग उदित आभामय वैभव।

मिट गया हिय का दूषण
जीवन की संध्या-वेला में
गुरुवर और करूँ क्या अर्पण..

9-
तेरे ज्ञान की ज्योति लेकर
गुरु वर दशों दिशाओं जाऊँ।
हो जाए जग रोशन मुझसे,
कार्य कुछ ऐसा कर पाऊँ।

है यही दक्षिणा तुम्हें समर्पण
जीवन की संध्या-वेला में
गुरुवर और करूँ क्या अर्पण..

डॉ. अशोक कुमार 'मयंक'
Batch 1983



MAMCOS

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